The Secret of NIMH

Using Government
Information to Promote
Emotional Well-Being

Depository Library Council 2014 May 2, 2014 Sonnet Ireland Earl K. Long Library University of New Orleans

New Orleans, Louisiana

In 2005, the city was ravaged by Hurricane Katrina. Understandably, that had an effect on the behavioral health of our citizens.

A lot of data was collected in the years immediately following the storm, but current data is a bit lacking.

The Data

In 2013, the New Orleans Health Department published the New Orleans Community Health Improvement Report.

The following is Table 15 found on page 28, entitled Behavioral Health Indicator Data in Orleans Parish (2009-2010).

New Orleans Health Department. The New Orleans Community Health Improvement Report: Community Health Profile & Community Health Improvement Plan. January 2013: http://www.naccho.org/topics/infrastructure/CHAIP/upload/UPDATED-NOLA-Community-Health-Improvement-Final-Report.pdf

Indicator	Data	Source
Substance Abuse Treatment Admissions in 2009	4,309 Individuals	SAMHSA
Treatment Admissions by Substance in 2009	Alcohol (26%) Marijuana (21%) Smoked Cocaine (16%) Heroin (15%) Prescription Pain Killers (9%) Methamphetamine (1%)	SAMHSA
Source of Referrals to Treatment in 2009	Criminal Justice (43%) Individual/Self (32%) Substance Abuse Providers (15%) Community Organizations (5%) Health Care Providers (3%) Other (2%)	SAMHSA
Lifetime Substance Use by 10 th Graders in 2010 (% of 10 th Graders who responded to the survey that they have ever used a substance)	Alcohol (60%) Cigarettes (24%) Marijuana (15%) Inhalants (9%) Sedatives (5%) Opiates (3%)	CCYS
Percent who say a doctor has ever told them they have a serious mental illness	16% in 2010 15% in 2008 5% in 2006	Kaiser Family Foundation
Percent who say in the past 6 months they have taken medicine for their problems with emotions, nerves or mental health	16% in 2010 17% in 2008 8% in 2006	Kaiser Family Foundation
Reported mental health status in 2010	36% Excellent 30% Very Good 20% Good 11% Fair 3% Poor	Kaiser Family Foundation
Identified "Making it easier to get mental health services" as a priority for rebuilding New Orleans' Health system	21% Most Important Priority 62% Very Important Priority	Kaiser Family Foundation

How Can a Gov Docs Librarian Help?

By familiarizing him/herself with the various mental health resources out there!

- »National Institute of Mental Health
- »Substance Abuse and Mental Health Services Administration
- »MentalHealth.gov
- »National Suicide Prevention Lifeline

National Institute of Mental Health

http://www.nimh.nih.gov

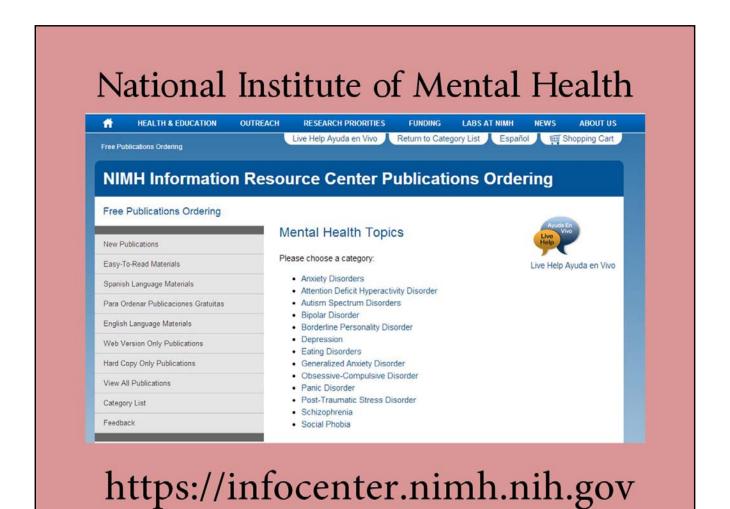
National Institute of Mental Health

For the regular Joe/Jane:

The Health Education section includes info on several different disorders, as well as for specific audiences. The Outreach section can also be useful.

For the researcher:

Research Priorities, Funding, and Labs at NIMH can all be useful for your researchers.



Substance Abuse and Mental Health Services Administration

http://www.samhsa.gov/

Substance Abuse and Mental Health Services Administration

For the regular Joe/Jane:

There are useful links all over the site, but my favorite is the Publications section.

For the researcher:

DOQ or Data, Outcomes, and Quality has a lot of information for researchers, including Public-Use Data Files and an option to request data.



MentalHealth.gov

http://mentalhealth.gov

MentalHealth.gov

For the regular Joe/Jane:

The whole site really is for actual use, not research.

For the researcher:

Not much. The Mental Health Myths and Facts section could be useful, but mostly to a beginning researcher.

MentalHealth.gov

Doesn't really have materials that you can order.

But the site itself is a great resource!

National Suicide Prevention Lifeline

http://www.suicidepreventionlifeline.org

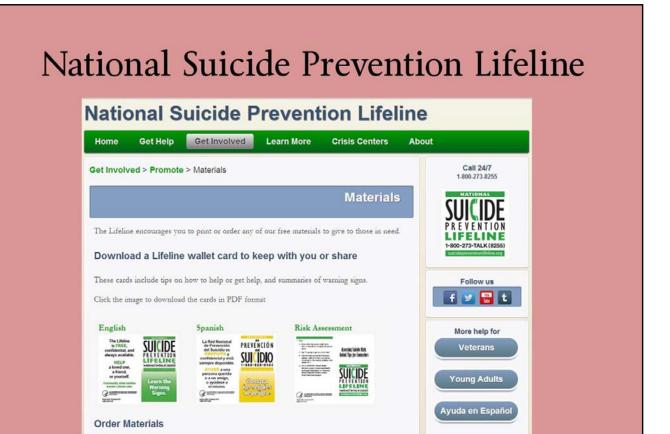
National Suicide Prevention Lifeline

For the regular Joe/Jane:

The whole site is really for those who need help.

For the researcher:

Again, not much. Researchers may find the Suicide Prevention section under Learn More useful...but probably for beginning researchers.



Order Free Materials through SAMHSA!



Special Sites

If you work with a lot of veterans... www.mentalhealth.va.gov

Or a large LGBTQ community...

http://www.thetrevorproject.org/
http://www.reclaim-lgbtyouth.org/

Special Sites

Maybe you work with a lot of youths...

http://ok2talk.org/

http://www.stopbullying.gov/

http://teenmentalhealth.org/

http://www.findyouthinfo.gov/

Special Sites for Addiction: Alcohol

National Institute on Alcohol Abuse and Alcoholism http://www.niaaa.nih.gov/

Stop Underage Drinking https://www.stopalcoholabuse.gov/

Alcoholics Anonymous http://www.aa.org/

Special Sites for Addiction: Drugs

National Institute on Drug Abuse http://www.drugabuse.gov/

CDC: Persons Who Use Drugs http://www.cdc.gov/pwud/Default.html

Narcotics Anonymous http://www.na.org

Special Sites for Addiction: Tobacco

SmokeFree.gov

http://smokefree.gov/

BeTobaccoFree.gov

http://betobaccofree.gov

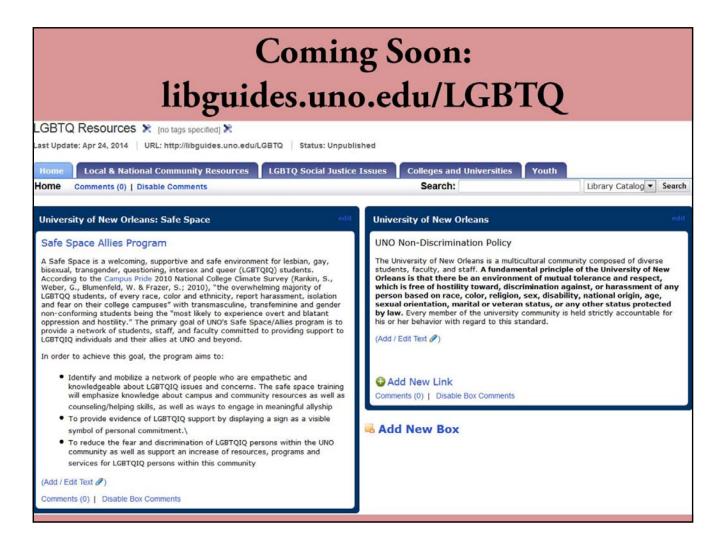
Create a Mental Health Resources Site

Sometimes, keeping all of this information straight can be difficult.

Create a site that focuses on the resources that YOUR community needs/uses the most.

You can even create more than one!





Thank you!

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Shameless Self-Promotion

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