

**NO BUDGET? NO PROBLEM!
HOW TO STOCK YOUR LIBRARY WITH
FREE GOVERNMENT PUBLICATIONS**

SARAH DOBRANSKY
GENERAL RESEARCH COLLECTIONS MANAGER (INTERIM)
CLEVELAND PUBLIC LIBRARY

THIS PRESENTATION WAS MADE POSSIBLE BY:

The work of Alea Lytle
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Cleveland Public Library



A MESSAGE FROM ALEA

Hello!

I hope everyone is safe and doing well. Due to the union contract for staff I'm not allowed to do any work outside of designated working hours, especially due to the library's closure at this time. I really wish I could be with you all as Sarah can tell you I was super excited and honored to do this webinar with her. Finding free publications was one of the very first tasks Sarah assigned me when I first transferred to CPL's government documents department. It was something my predecessor did and she wanted me to continue it. Neither of us realized I would take her suggestions of websites to start with, as well as search suggestions, and run with it. This has become my passion project because I strongly believe that everyone should have access to information. I hope you will find the information presented today helpful and have fun discovering all sort of neat and free treasures!



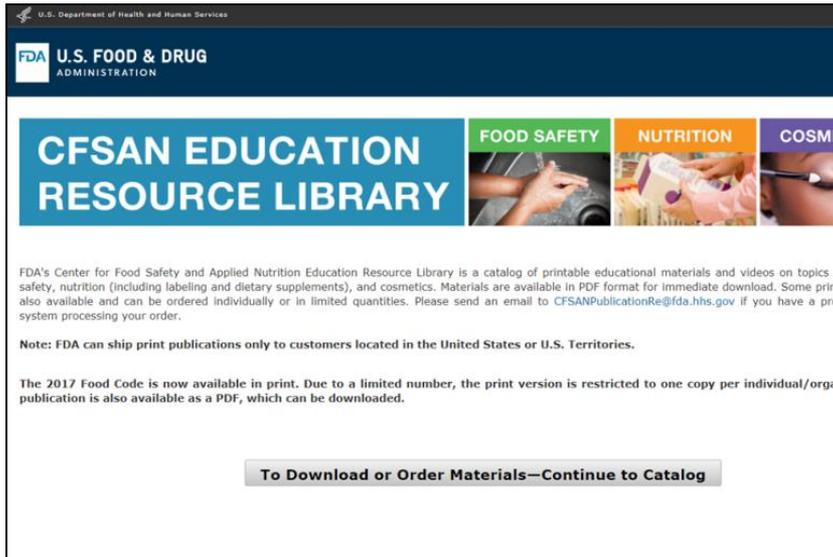
LET'S GET STARTED!

DEPARTMENT #1

Health and Human Services



FOOD AND DRUG ADMINISTRATION



The screenshot shows the top portion of the FDA's CFSAN Education Resource Library website. At the top left, it features the U.S. Department of Health and Human Services logo and the FDA logo with the text "U.S. FOOD & DRUG ADMINISTRATION". Below this is a navigation bar with four categories: "CFSAN EDUCATION RESOURCE LIBRARY" (in a large blue box), "FOOD SAFETY" (with a hand-washing icon), "NUTRITION" (with a baby bottle icon), and "COSMETICS" (with a person's face icon). Below the navigation bar, there is a paragraph of text describing the library's purpose and availability. A note states that print publications are only available to customers in the United States or U.S. Territories. Another note mentions that the 2017 Food Code is available in print and as a PDF. At the bottom of the screenshot, there is a button that reads "To Download or Order Materials—Continue to Catalog".

U.S. Department of Health and Human Services

FDA U.S. FOOD & DRUG ADMINISTRATION

CFSAN EDUCATION RESOURCE LIBRARY

FOOD SAFETY NUTRITION COSMETICS

FDA's Center for Food Safety and Applied Nutrition Education Resource Library is a catalog of printable educational materials and videos on topics of food safety, nutrition (including labeling and dietary supplements), and cosmetics. Materials are available in PDF format for immediate download. Some print materials are also available and can be ordered individually or in limited quantities. Please send an email to CFSANPublicationRe@fda.hhs.gov if you have a problem with our system processing your order.

Note: FDA can ship print publications only to customers located in the United States or U.S. Territories.

The 2017 Food Code is now available in print. Due to a limited number, the print version is restricted to one copy per individual/organization. The 2017 Food Code publication is also available as a PDF, which can be downloaded.

To Download or Order Materials—Continue to Catalog

Food & Drug Administration (FDA)
Center for Food Safety and Applied
Nutrition:

<https://www.fda.gov/food/resources-you-food/cfsan-education-resource-library>

FOOD AND DRUG ADMINISTRATION

CFSAN www.fda.gov/food/nutrition-education-resources-materials/health-educators-nutrition-toolkit-setting-table-healthy-eating

- An introductory guide with information on how to use the toolkit (for health educators) (PDF - 1MB)
- Four handouts:
 - Tip Sheet #1: Tips for Making Healthy Choices While Food Shopping (PDF - 155KB)
 - Tip Sheet #2: Tips for Bringing Nutrition into Your Home (PDF - 474KB)
 - Tip Sheet #3: Tips for Making Healthy Choices When Eating Out (PDF - 409KB)
 - Tip Card: Quick Tips for Reading the Nutrition Facts label (PDF - 273KB)
- A PowerPoint presentation, including notes, split into two sections – “Understanding the Nutrition Facts label” and “Bringing Nutrition Into Your Daily Life” (PPT - 43.4MB)
- Evaluation tools: a [pre-test](#) (DOC - 75KB) / [post-test](#) (DOC - 76KB) (10-15 questions) to accompany the PowerPoint presentation
- An infographic with tips on using the Nutrition Facts label and MyPlate when planning, shopping, cooking, and eating (PDF - 823KB)

Sample social media posts with nutrition education messages and graphics

Share the social media messages and graphics below to encourage your audience to make healthier choices at home and while dining out.

Sample Tweets



The screenshot shows the title page of the 'Health Educator's Nutrition Toolkit: Setting the Table for Healthy Eating'. At the top, there are social media sharing icons for Facebook, Twitter, LinkedIn, Email, and Print. Below the icons is a banner image featuring a cartoon illustration of a woman with glasses and a pink shirt cooking at a stove. The banner text reads 'Health Educator's Nutrition Toolkit Setting the Table for Healthy Eating'. Underneath the banner, there is a paragraph of text describing the toolkit's purpose and a list of included resources.

Health Educator's Nutrition Toolkit: Setting the Table for Healthy Eating

The Health Educator's Nutrition Toolkit is designed to help health educators, dietitians, physicians, other health care and nutrition professionals, social workers, youth counselors, and program directors teach consumers about the Nutrition Facts label and how to use the information it provides to make healthier food choices. The Toolkit offers a wide range of resources, including realistic tips on how to shop for and prepare food as well as order food when eating out to build a healthy diet.

The Toolkit includes:

FUN FACT – FDA HAS A PINTEREST PAGE!



U.S. Food and Drug Administration



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FDA protects the public health by assuring the safety of drugs, cosmetics, biological products, medical devices, our (and our pets') food, and cosmetics.

Activity Community

21 Boards



FDA Infographics

39 Pins



Heart Health

15 Pins



Women's Health

256 Pins



FDA en Español

255 Pins



FOOD AND DRUG ADMINISTRATION (FDA) PUBLICATIONS FOR WOMEN

[HTTPS://WWW.FDA.GOV/CONSUMERS/WOMEN/FREE-PUBLICATIONS-WOMEN](https://www.fda.gov/consumers/women/free-publications-women)

Home / For Consumers / Consumer information by Audience / For Women / Free Publications For Women

Free Publications For Women

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Free Publications For Women

English Publications

Publicaciones en Español [Spanish Publications]

Publications in Other Languages



Content current as of: 10/03/2019

Topic(s)
Consumer Health

The FDA Office of Women's Health (OWH) offers easy-to-read publications on a variety of health topics. You can download or order free copies of over 40 fact sheets and brochures in English and Spanish. You can also download select materials in several Asian languages, Polish, French Creole, and Arabic.

View or Download Publications

- English Publications
- Spanish Publications (publicaciones disponibles gratuitas en español)
- Publications in other languages

Order Free Copies

- To order English materials in bulk: <https://orders.gpo.gov/fda-womens-health.aspx>

 **U.S. FOOD & DRUG ADMINISTRATION**

Free Publications from the U.S. Food and Drug Administration's (FDA's) Office of Women's Health

Help the people you serve make better health decisions with free fact sheets and booklets from FDA's Office of Women's Health. It's quick to read, easy to understand information they can trust.

Order up to 200 free copies per title now, and stop back to reorder more throughout the year.



Featured Publications

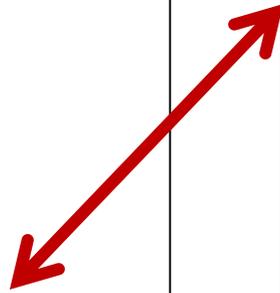
Stock up on these free fact sheets now to help the people you serve stay healthy this fall and beyond.

English		Spanish	
Publication Title	Quantity	Publication Title	Quantity
Depression Medicines	Select	-----	-----
Free Women's Health Information	Select	Información gratis sobre la salud de la mujer	Select
Smoking, Medicines to Help You Quit	Select	-----	-----

Please fill out the form below to place your order:

Fact sheets, brochures, posters, and postcards provide a general overview of important topics and make perfect handouts for health fairs, waiting rooms and community events.

English		Spanish	
Publication Title	Quantity	Publication Title	Quantity
4 Steps to Safe Medication Use for	Select	-----	-----



4 STEPS TO SAFE MEDICATION USE FOR COLLEGE STUDENTS (POSTER)



**TAKING
MEDICINES OR
VITAMINS?**

AVOID COMMON MEDICATION MISTAKES.



- Follow directions.
- Ask questions.
- Do not use expired medicines.
- Store safely.

Get more tips:
www.fda.gov/collegewomen



GET UNCOMFORTABLE WITHOUT BEING UNCOMFORTABLE

English		Spanish	
Publication Title	Quantity	Publication Title	Quantity
4 Steps to Safe Medication Use for College Students (poster)	Select ▼	-----	-----
Birth Control Guide	Download Only	Guía de Melodos Anticonceptivas	Download Only
Dietary Supplements	Select ▼	Suplementos Dietéticos	Select ▼
Food Safety at Home Fact Sheet	Select ▼	Cuatro Pasos Básicos para Asegurar la Inocuidad de los Alimentos en el Hogar	Select ▼
Food Safety for Pregnant Women	Download Only	-----	-----
Free Women's Health Information	Select ▼	Información gratis sobre la salud de la mujer	Select ▼
Hair Dyes and Relaxers	Download Only	Tintes y Alisadores para el Cabello	Select ▼
Health Scams	Download Only	Estafas a la Salud	Download Only
Heart Health	Select ▼	Salud Cardíaca	Select ▼
HPV (Human Papillomavirus)	Select ▼	Virus del Papiloma Humano (VPH)	Select ▼
Mammograms	Select ▼	Mamografías	Select ▼
Mammography: Saves Lives (postcard)	Select ▼	Las Mamografías: Salvan Vidas (postcard)	Select ▼
Medicine and Pregnancy	Select ▼	Los Medicamentos y el Embarazo	Select ▼
Menopause & Hormones (postcard)	Select ▼	La Menopausia y las Hormonas (purse guide)	Select ▼
Menopause & Hormones Common Questions Fact Sheet	Select ▼	La Menopausia y las Hormonas fact sheet (Spanish)	Select ▼
My Medicines (Gender Neutral)	Select ▼	Mis Medicina (Genero Neutral)	Select ▼
Nunca Más Planning Guide	Select ▼	Nunca Más Planning Guide (Spanish)	Download Only
Nunca Más Video Flyer	Select ▼	-----	-----
Osteoporosis	Select ▼	Osteoporosis	Select ▼
Pink Ribbon Sunday: Mammography Awareness Program Guide	Select ▼	-----	-----
Pregnancy Video Flyer / Folleto sobre el video del embarazo	Download Only	-----	-----
Pregnant: Taking Medicines	Select ▼	-----	-----
Registries Help Inform Medication Use in Pregnancy	Select ▼	Registros Ayudan a Informar sobre el uso de los Medicamentos Durante el Embarazo	Select ▼
Sleep Problems	Select ▼	Problemas del Sueño	Select ▼
Tattoos and Permanent Make-Up	Download Only	Tatuajes y Maquillaje Permanente	Select ▼

FDA CENTER FOR TOBACCO PRODUCTS EXCHANGE LAB: [HTTPS://DIGITALMEDIA.HHS.GOV/TOBACCO/PRINT_MATERIALS/SEARCH](https://digitalmedia.hhs.gov/tobacco/print_materials/search)

CENTER FOR TOBACCO PRODUCTS
EXCHANGE LAB | FDA's Tobacco Education Resources

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Home > Print Materials

PRINT MATERIALS

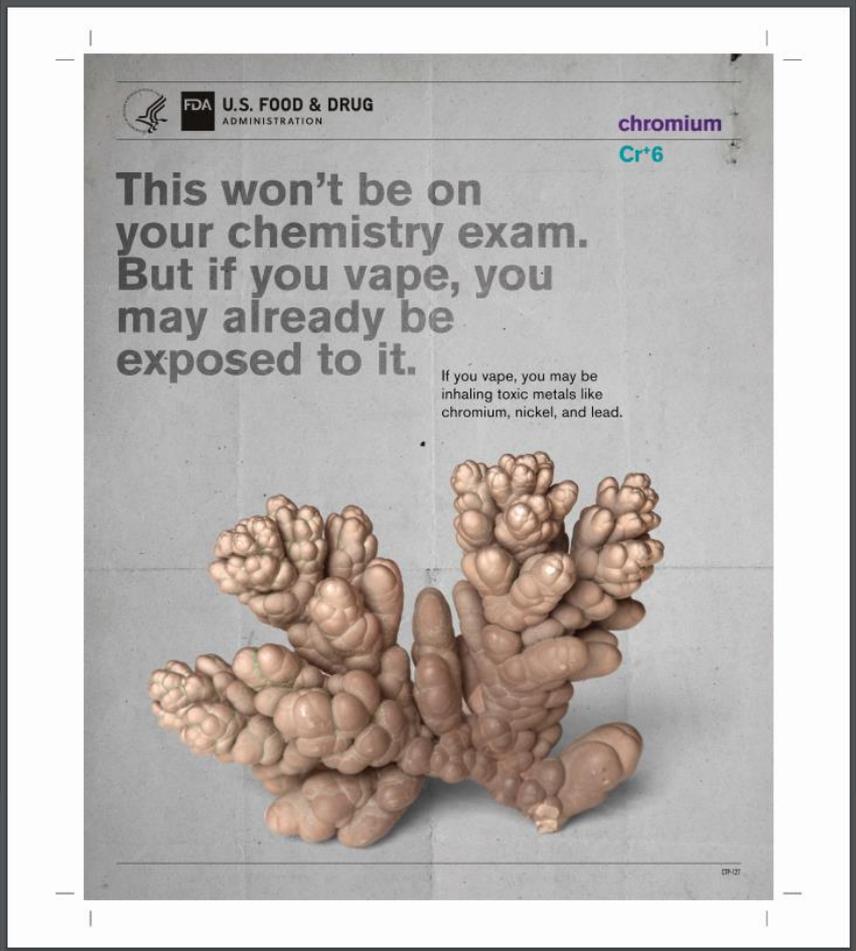
Free printed items, including posters and flyers, to order and download.

FILTERS

TOPIC ▾ | AUDIENCE ▾ | LANGUAGE ▾ | FORMAT ▾



- Flyer** Raising the Federal Minimum Age of Sale of Tobacco Products to 21
- Infographic** Vaping Misperceptions (SPANISH)
- Infographic** Vaping Misperceptions



FDA CENTER FOR TOBACCO PRODUCTS EXCHANGE LAB: [HTTPS://DIGITALMEDIA.HHS.GOV/TOBACCO/PRINT_MATERIALS/SEARCH](https://digitalmedia.hhs.gov/tobacco/print_materials/search)



Poster designed to educate youth about the potential dangers of e-cigarette use, or “vaping.”

Audience: Youth, Adult, Health Professional

Topics: Chemicals, Science / Research, PDF Download, Health Education, E-cigarettes/vaping, Health Effects, Prevention

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Number of prints
(limit 10)

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View larger image and/or download

(opens in a new window)

https://digitalmedia.hhs.gov/tobacco/hosted/FDA_ENDS_Chemicals_Poster_Nickel-508.pdf

NATIONAL INSTITUTES OF HEALTH

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK):

<https://www.niddk.nih.gov/health-information/professionals/materials>

- The publications are primarily online, but you can put in a request for health fair materials.

U.S. Department of Health and Human Services



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Health Information

News

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For Health Professionals

Clinical Tools, Patient Education, & Outreach

Diabetes Discoveries & Practice Blog

Materials for Your Health Fair or Event

- Be a Health Champion
- Help Reduce Childhood Obesity

Get Free Web Content from NIDDK

Materials for Your Health Fair or Event

View NIDDK's science-based, patient-friendly, and consumer-friendly fact sheets to hand out at health fairs and community events. Each one-page health fair publication is in English and Spanish, and provides links to additional information on NIDDK's web pages.

To receive printed copies of some of these materials for your event, please complete the [NIDDK Health Fair form \(PDF, 41 KB\)](#).

Diabetes

[Diabetes \(PDF, 545 KB\)](#)

Provides an overview of diabetes, including the most common types of diabetes, the risk for developing type 2 diabetes, and what you can do to manage diabetes (English and Spanish).

[Prediabetes \(PDF, 585 KB\)](#)

Describes prediabetes—including who is more likely to develop this condition—and what you can do to prevent or delay type 2 diabetes (English and Spanish).

[Gestational Diabetes \(PDF, 542 KB\)](#)

Provides information about gestational diabetes, including when pregnant women should get tested for gestational diabetes, possible health problems, and what you can do to manage gestational diabetes (English and Spanish).

Digestive Diseases

NATIONAL INSTITUTES OF HEALTH

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK):
<https://www.niddk.nih.gov/health-information/professionals/materials>



Community Health Fair Publications Request

Thank you for your interest in receiving free materials from the National Institute of Diabetes and Digestive and Kidney Diseases at the National Institutes of Health.

Please complete and send this form, with a copy of your event flyer or brochure, to healthinfo@niddk.nih.gov at least 8 weeks before your event. If you have questions regarding this form, please call 1-800-860-8747 or email at healthinfo@niddk.nih.gov. Based on the completed information, NIDDK will select and send publications that meet your health fair needs.

EVENT INFORMATION

Name or Title of Event: _____

Purpose of Event _____

Date of Event _____ Is the event free to the public? Yes/No (circle one)

Target Audience (expected age and ethnicity of attendees) _____

Number of attendees expected _____

Is there a key health topic for your target audience? _____

What is the theme for your health fair? (select one)

Awareness Screenings Other _____

Please describe your booth or display: _____

What other organizations will be providing handouts? _____

PLEASE NOTE: NIDDK will not sponsor, staff, or send an exhibit to events, and will not provide free materials for events that charge an admission fee to the public. We reserve the right to limit the number of titles and to limit the **combined total number of copies to 100**. We will send publications to a single location during normal business hours via the lowest-cost carrier available to the government.

CONTACT INFORMATION

Name _____

Organization Name _____

Organization Street Address _____

City _____ State _____ ZIP _____

Email _____

Web Address _____

Phone Number(s) _____

SHIPPING INFORMATION

(if different from contact information)

Name _____

Organization Name _____

Organization Street Address _____

City _____ State _____ ZIP _____

Email _____

Phone Number(s) _____

NATIONAL INSTITUTES OF HEALTH

Home > Health > Find Publications

0 items

Share Print

NICHD Publications

NICHD offers brochures, booklets, reports, and other materials on topics within its research portfolio for different audiences.

Some items are available for order, and can be sent to a requestor free of charge anywhere in the United States and its territories. Other items are online only or available for download.

Publications Resources

[Publications FAQs](#)
[Privacy Policy](#)
[Contact Us](#)

Select a category to browse items that NICHD offers.



Patients and Families

[Child/Teen Development Disorders and Conditions](#)
[Disorders Related to Hormones and Endocrinology](#)



Healthcare Providers, Service Providers, and Educators

[Child/Teen Development Disorders and Conditions](#)
[Disorders Related to Hormones and Endocrinology](#)



En Español

[Desarrollo infantil y adolescente](#)
[Trastornos y condición](#)
[Trastornos hormonales y endocrinos](#)



Scientific Reports, Proceedings, and Plans

[Council Reports and Annual Reports](#)
[Research Papers](#)
[Scientific Meetings and Workshop Reports](#)

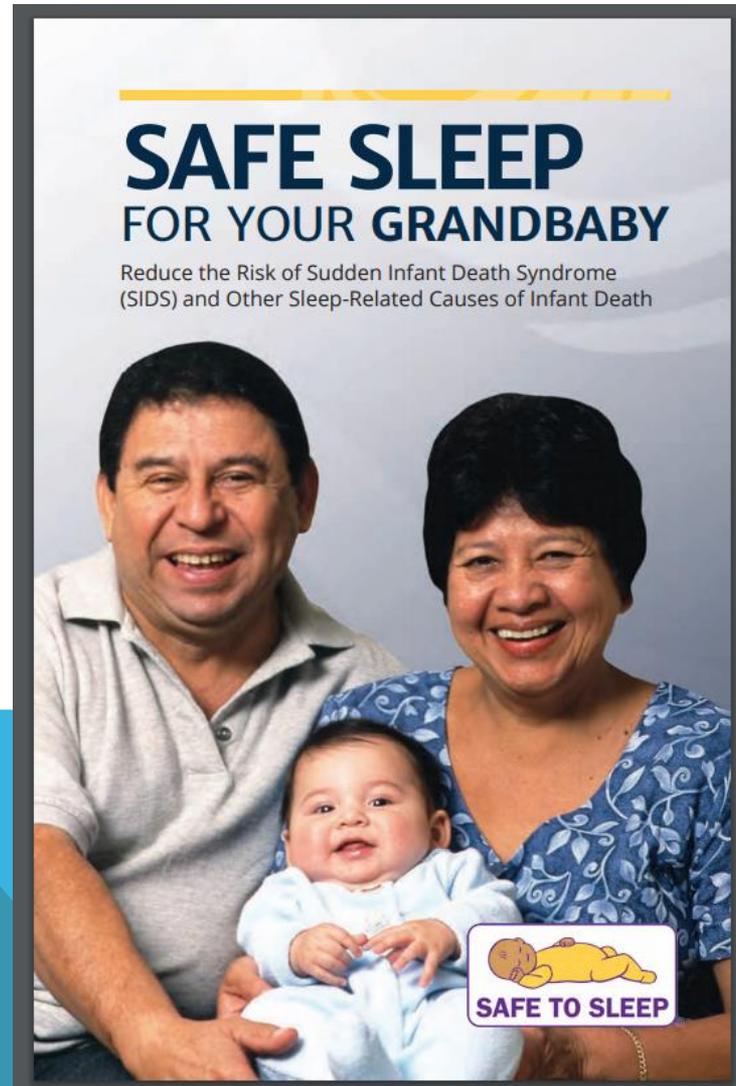
Eunice Kennedy Shriver National Institute of Child Health and Human Development
<https://www.nichd.nih.gov/publications>

NATIONAL INSTITUTES OF HEALTH

Eunice Kennedy Shriver National Institute of Child Health and Human Development

<https://www.nichd.nih.gov/publications>

Safe to Sleep® Campaign



NATIONAL INSTITUTES OF HEALTH



Español

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Order Free Publications



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- Burning Mouth
- Children's Oral Health
- Developmental Disabilities
- Diabetes and Oral Health
- Dry Mouth
- Low-Cost Dental Care
- Oral Cancer
- Oral Complications of Cancer Treatment
- Organ Transplantation
- Periodontal (Gum) Disease
- Spanish-Language Publications
- Special Care
- TMJ Disorders

Many of our publications are also available **in Spanish**

Adult Oral Health

Your Order

(No publications selected.)

Need more than the order limit?

Contact the National Oral Health Information Clearinghouse

1-866-232-4528

nidcrinfo@mail.nih.gov

Options

Print this page

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NOTE: PDF documents

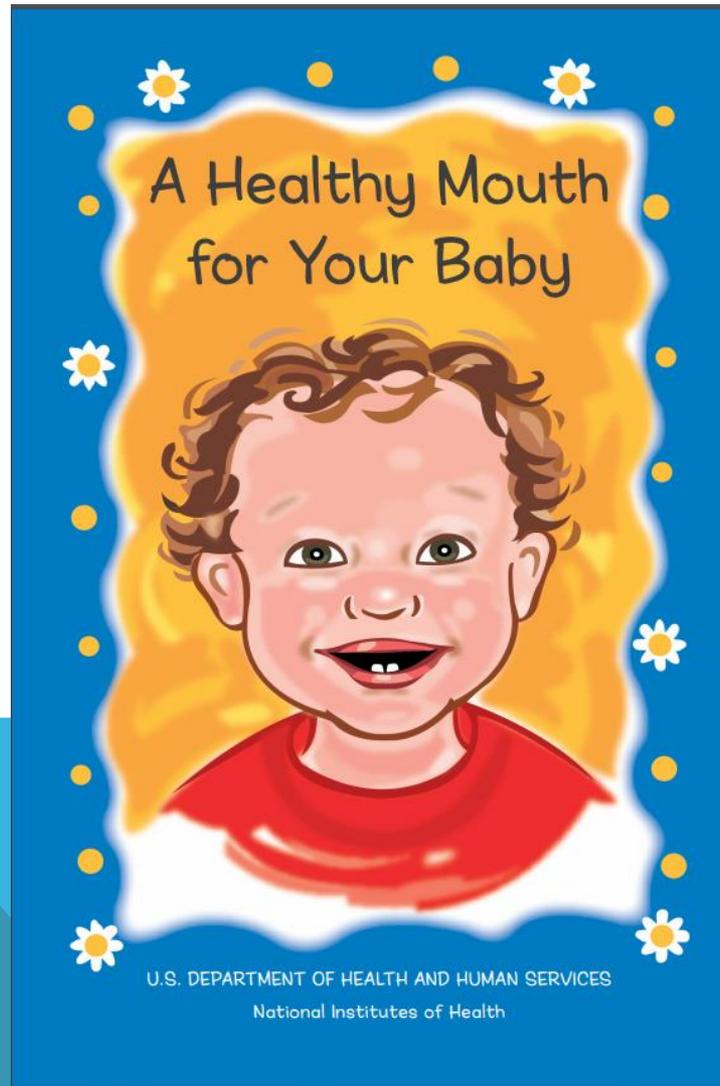
National Institute of Dental and Craniofacial Research:
<https://catalog.nidcr.nih.gov/OrderPublications/>

- Publications range from children to adults and are also available in Spanish.

NATIONAL INSTITUTES OF HEALTH

National Institute of Dental and Craniofacial Research:

<https://catalog.nidcr.nih.gov/OrderPublications/>



NATIONAL INSTITUTES OF HEALTH

U.S. Department of Health & Human Services

NIH National Institute on Aging

Search



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Doctor-Patient Communication

End of Life

Exercise and Physical Activity

Healthy Eating

A-Z Health Topics

Español

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help you set realistic



Hover mouse over "Health Information" and click on "Get Print Publications"

National Institute on Aging:
<https://www.nia.nih.gov/>

NATIONAL INSTITUTES OF HEALTH

National Institute on Aging: <https://www.nia.nih.gov/>

Order Free Publications



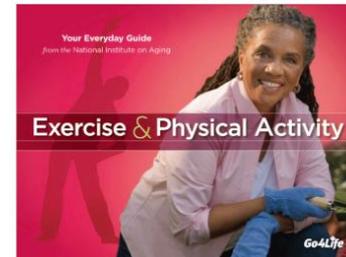
Search NIA Publications



EXERCISE

Exercise & Physical Activity: Your Everyday Guide from The National Institute on Aging

This publication is out of stock. It can be downloaded as a PDF.



PDF (22.64 M)

GET



OUT OF STOCK

You are visiting the NIA publications ordering portal. To read about this topic online, return to the main National Institute on Aging website.

EXERCISE BOOK

[HTTPS://ORDER.NIA.NIH.GOV/SITES/DEFAULT/FILES/2018-04/NIA-EXERCISE-GUIDE.PDF](https://order.nia.nih.gov/sites/default/files/2018-04/nia-exercise-guide.pdf)

WHAT'S ON YOUR PLATE?

[HTTPS://ORDER.NIA.NIH.GOV/SITES/DEFAULT/FILES/2019-05/WHATS-ON-YOUR-PLATE-508.PDF](https://order.nia.nih.gov/sites/default/files/2019-05/whats-on-your-plate-508.pdf)



NATIONAL INSTITUTES OF HEALTH

NIH NATIONAL CANCER INSTITUTE
NCI Publications Locator

Cart (0) Self-Printing Options Login

Search by title, keyword, publication number

TITLE INDEX: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Due to limited resources, some publications are no longer available in hard copy, and others are available in reduced quantities. Read about your options [▶](#)

Find publications by:

- A Type of Cancer**
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 - Cervical
 - Childhood
 - Melanoma
 - Prostate
 - Skin (Nonmelanoma)
 - Thyroid
- See the A to Z List of Cancers on Cancer.gov for information on other cancer types
- Cancer Topics**
 - Cancer Health Disparities
 - Clinical Trials
 - Complementary and Alternative Medicine
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 - Genetics
 - Nutrition
 - Prevention
 - Program Planning
 - Research
 - Resources/Referrals
 - Risk Factors/Causes
 - Screening/Testing
 - Smoking/Tobacco
 - Statistics
 - Survivorship
 - Treatment
- Collections**
 - All eBook Editions
- Audience**
 - Adolescent/Young Adult
 - Cancer Patient
 - Cancer Survivor
 - General Public
 - Health Professional
 - Limited Literacy
 - Parents/Family/Friends
 - Researcher
- Written in
 - English
 - Español
- Written for & about
 - American Indian or Alaska Native
 - Asian
 - Black or African American
 - Hispanic/Latino
 - Native Hawaiian or Other Pacific Islander

National Cancer Institute

<https://pubs.cancer.gov/ncipl/home.aspx>

- Most are online only. Those available in print are in very limited quantities.

NATIONAL INSTITUTE ON ALCOHOL ABUSE AND ALCOHOLISM [HTTPS://WWW.NIAAA.NIH.GOV/](https://www.niaaa.nih.gov/)

The screenshot shows the homepage of the National Institute on Alcohol Abuse and Alcoholism (NIAAA). At the top left is the NIH logo and the text "National Institute on Alcohol Abuse and Alcoholism" with the tagline "NIH...Turning Discovery Into Health®". Navigation links include "Donations", "Join a Clinical Study", and "Alcohol Treatment Navigator". A search bar is located below these links. The main navigation menu includes "Alcohol's Effects on Health", "Publications & Multimedia", "Research", "Research Training", "Grants Funding", "News & Events", and "About NIAAA". A large banner features the text "DO YOU KNOW: THE SIGNS THAT ALCOHOL IS CAUSING HARM?" with a "Find Out" button. To the right, an "Upcoming Events" section lists "Brain Awareness Week" (March 18-21) and the "2020 NASPA Annual Conference" (March to April 28-31). Below this is a "Latest News" section with four items: "RESEARCH NEWS" (February 05, 2020), "NEW & NOTEWORTHY" (January 27, 2020), "NEWS RELEASE" (January 22, 2020), and another "NEWS RELEASE" (January 20, 2020). A "NIAAA LABS" section and a "Tweets" section are also visible.

This screenshot shows the "Publications & Multimedia" page. It features the same header and navigation as the homepage. The main content area is titled "Brochures and Fact Sheets" and includes a sub-header "Brochures and Fact Sheets". Below this, there is a paragraph of text and a link to an "Ordering form". A blue arrow points from the text to the "Ordering form" link.

Brochures and Fact Sheets

This section contains easy-to-read material for the public covering a wide range of alcohol-related topics. Publications listed below are online full text and free of charge unless otherwise noted. To place an order, go to the [Ordering form](#). Spanish language versions of these publications are also provided at [Publicaciones en Español](#).

To order print publications

Pamphlets | Brochures

- [Harmful Interactions: Mixing Alcohol with Medicines](#) [PDF - 557 KB | Español]
- [Treatment for Alcohol Problems: Finding and Getting Help](#) [PDF - 983.81 KB | Español]

Brochures for Specific Audiences

- [Drinking and Your Pregnancy](#) [PDF - 184.65 KB | Español]
- [Drinking and Your Pregnancy—American Indian Version](#) [PDF - 151.27 KB]
- [Make a Difference: Talk to Your Child About Alcohol—Parents Booklet](#) [PDF - 745.28 KB | Español]
- [Planning Alcohol Interventions Using NIAAA's CollegeAIM](#) [PDF - 1.95 MB]

Fact Sheets

- [Alcohol Facts and Statistics](#) [PDF - 566.85 KB]
- [Alcohol Use Disorder: A Comparison Between DSM-IV and DSM-5](#) [PDF - 256.79 KB]

Home » NIAAA Publications Order Form

NIAAA Publications Order Form

Materials Ordering Policy

Publications listed below are available free of charge to addresses in the United States, APO addresses, and U.S. territories. Spanish language versions of these publications are also provided at [Publicaciones en Español](#). Due to printing and shipping costs, some items are limited to 1 copy. Otherwise, all orders are limited to a maximum of 30 copies per item. Requests for quantities greater than the maximum allowed will be considered on a case-by-case basis, depending on product availability. Please send an email to NIAApublications@nih.gov or call 888-MY-NIAAA (888-696-4222) and provide a brief description of how materials will be used. NOTE: A valid FedEx or UPS shipping account number is required for shipping of bulk requests and for all orders outside the United States.

Pamphlets/Brochures

Drinking and Your Pregnancy [English PDF - 184.65 KB]	Limit 30	<input type="text" value="Quantity"/>
Drinking and Your Pregnancy (American Indian Version) [English PDF - 151.27 KB]	Limit 30	<input type="text" value="Quantity"/>
Harmful Interactions: Mixing Alcohol with Medicines [English PDF - 557 KB]	Limit 30	<input type="text" value="Quantity"/>
Make a Difference: Talk to Your Child About Alcohol—Parents Booklet [English PDF - 745.28 KB]	Limit 30	<input type="text" value="Quantity"/>
Treatment for Alcohol Problems: Finding and Getting Help [English PDF - 983.81 KB]	Limit 30	<input type="text" value="Quantity"/>

Materials for Professionals and Communities

NATIONAL INSTITUTES OF HEALTH

The screenshot shows the NIMH website interface. At the top left is the NIH logo and the text "National Institute of Mental Health" and "Transforming the understanding and treatment of mental illnesses." A search bar is located at the top center with the text "Search NIMH catalog" and a "SEARCH" button. To the right of the search bar are links for "Advanced Search", "Sign In", "Create an Account", and a shopping cart icon showing "0 Item(s)". Below the search bar is a navigation menu with links for "NIMH Home", "Publicaciones en español", "Contact Us", and "Help". The main content area is titled "Catalog Home" and features a sidebar on the left with "Mental Health Topics" including Anxiety Disorders (9), Attention Deficit Hyperactivity Disorder (4), Autism Spectrum Disorder (2), Bipolar Disorder (5), Borderline Personality Disorder (2), Brain Anatomy & Physiology (2), Chronic Pain or Illness (2), Clinical Trials (2), Co-Occurring Disorders (2), Depression (14), Eating Disorders (4), Featured Items (7), Generalized Anxiety Disorder (2), Genetics (2), Obsessive-Compulsive Disorder (5), Panic Disorder (2), Post-Traumatic Stress Disorder (7), Postpartum Depression (3), Schizophrenia (6), and Social Phobia (2). The main content area includes a featured infographic titled "Let's Talk About Eating Disorders" with a "Read More" link, a "New Products" section with items like "PANDAS-Preguntas y respuestas" and "5 cosas que usted debe saber sobre el estrés", and a "Perinatal Depression" link. On the right side, there are promotional banners for the "National Suicide Prevention Lifeline" (1-800-273-TALK) and "Find Treatment" (http://findtreatment.samhsa.gov).

National Institute of Mental Health
<https://infocenter.nimh.nih.gov/nimh/home>

NATIONAL INSTITUTES OF HEALTH



Transforming the understanding and treatment of mental illnesses.

Search the NIMH website Search

Home > Mental Health Information > Brochures and Fact Sheets

Publications by Language
In English
En Español

Publications by Topic

DISORDERS
Anxiety Disorders
Attention-Deficit Hyperactivity Disorder (ADHD)
Autism
Bipolar Disorder
Borderline Personality Disorder
Depression
Disruptive Mood Dysregulation Disorder
Eating Disorders
Generalized Anxiety Disorder
Obsessive-Compulsive Disorder (OCD)
Panic Disorder
Post-Traumatic Stress Disorder

Publications about Children and Adolescents

Attention-Deficit/Hyperactivity Disorder (ADHD): The Basics
This brochure focuses on basic information about ADHD in both children and adults including what it is, signs and symptoms, causes, treatments, and how to find help.
En Español
[READ MORE](#)

Autism Spectrum Disorder
This brochure informs parents and adults on the range of symptoms of autism spectrum disorders (ASD), including social impairment, communications issues, and repetitive behaviors. It also discusses diagnosis and treatment of ASD.
En Español
[READ MORE](#)

Share
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National Institute of Mental Health

- Specifically Children and Adolescents
<https://www.nimh.nih.gov/health/publications/children-and-adolescents-listing.shtml>

NATIONAL INSTITUTES OF HEALTH

National Institute on Drug Abuse
<https://drugpubs.drugabuse.gov/>

NATIONAL INSTITUTE ON DRUG ABUSE | NIDA Home | Contact Us | My Account | Your shopping cart is empty.

NIDA DRUGPUBS | RESEARCH DISSEMINATION CENTER

SEARCH BY: > Drug of Abuse | Drug Topic | Audience | Type | Series

SEARCH: Search

Connect with NIDA: [f](#) [in](#) [t](#) [8*](#) [v](#) [e](#) [B](#) [P](#) [S](#)

National Institute on Drug Abuse
SEEKING DRUG ABUSE TREATMENT: KNOW WHAT TO ASK

Drugs + Your Body: It Isn't Pretty Poster

Drugs & the Brain Wallet Card

Respect Teaching Guide Poster

[Seeking Drug Abuse Treatment](#)

Pause

Featured Publications | See all materials >

Questions?

Call: 1-877-NIDA-NIH (1-877-643-2644) or 1-240-645-0228 (TDD)

Hours of operation: 8:30am-5:00pm ET

Fax: 1-240-645-0227

[Click here to email](#)

[Help / FAQs](#)



SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

The screenshot shows the SAMHSA website's navigation and main content area. At the top left is the SAMHSA logo with the text "Substance Abuse and Mental Health Services Administration". To the right are links for "Home", "Publicaciones en Español", and "Help". Below these is a search bar labeled "Search SAMHSA Publications" and a "Search" button. A dark navigation bar contains a home icon and menu items: "Issues, Conditions & Disorders", "Substances", "Treatment, Prevention & Recovery", "Professional & Research Topics", "Series", and "Apps". The main content area features a banner for "Publications and Digital Products" with the text: "Find and download free publications, apps, and other resources on treatment, prevention, and recovery for mental and substance use disorders." At the bottom right of the banner are social sharing icons for print, email, and social media, along with a "SHARE+" button.

<https://store.samhsa.gov/>

Your Cart (empty)

Featured Products



Key Substance Use and Mental Health Indicators in the United States: Results from the 2018 National Survey on Drug Use and Health

Summarizes key findings from the 2018 National Survey on Drug Use and Health (NSDUH) for indicators of substance use and mental health among people aged 12 years old or older in the civilian, non-institutionalized population of the United States...



Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools

This Joint SAMHSA-CMS Informational Bulletin provides guidance to states and school systems about addressing mental health and substance use issues in schools. It provides examples of approaches for services in schools and describes some Medicaid authorities that states may use to cover services...

New Products



DEPARTMENT #2

CFPB



CONSUMER FINANCIAL PROTECTION BUREAU (CFPB)

An official website of the United States government

Español 中文 Tiếng Việt 한국어 Tagalog Русский العربية Kreyòl Ayisyen (855) 411-2372



Q Search | Submit a Complaint

Consumer Tools ▾ Practitioner Resources ▾ Data & Research ▾ Policy & Compliance ▾ About Us ▾

< Library Resources

Program Ideas

Librarian Training

Outreach Materials to Use in the Library

Outreach Materials to Use Outside the Library

Online Resources

Outreach materials to use in the library

Let your patrons know that you're able to help them research answers to their financial questions or issues.

You can also order free financial education publications at pueblo.gpo.gov.



Bookmarks

Each bookmark reminds patrons that the library can be a source of financial resources—whether it's websites, worksheets, guides, or other information to help with their money decisions. You can order up to 1000 free copies of each of these bookmarks at promotions.usa.gov.

DESCRIPTION	ACTIONS
Living paycheck to paycheck	Download Order free prints
How much do you spend in a week?	Download Order free prints
We have answers to your money questions	Download Order free prints
Paying more than the minimum saves you money	Download Order free prints

<https://www.consumerfinance.gov/practitioner-resources/library-resources/outreach-materials-to-use-in-the-library/>

CONSUMER FINANCIAL PROTECTION BUREAU (CFPB)

<https://www.consumerfinance.gov/practitioner-resources/library-resources/outreach-materials-to-use-in-the-library/>

FINANCIAL PLANNING WORKSHEET



MY NEW MONEY GOAL

Sometimes we set new goals, have changes in income, or switch priorities in our lives. Making a plan is the easiest way to navigate these changes.

You wouldn't start a road trip without mapping it out first, and the same is true with your finances. This guide will help you gain a clear view of where your money goes now so you can more easily decide where you want it to go in the future.

These are 's goals as of

YOUR NAME MM / DD / YYYY

1 What is my new money goal?

I want \$ by

GOAL AMOUNT MM / DD / YYYY *Keep this in a visible place, like on your refrigerator or near your desk to remind you of your new money goal!*

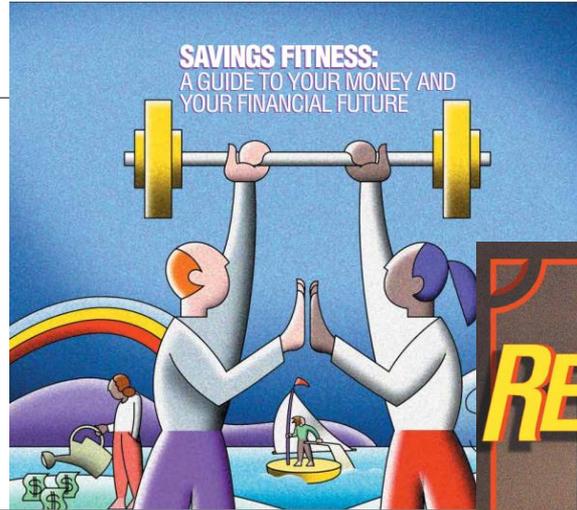
because I want to save for

WHAT ARE YOU SAVING FOR?

2 What am I saving now?

List your savings goals in the spaces below. Include some money for retirement and rainy days. Try to give each goal a dollar amount and set a target for when you'd like to reach each goal. Then write down the monthly amount you'll need to reach your goals. After completing the income, savings, and expenses sections on the pages that follow, write down how much you plan to commit this month.

Priority	Goal	Total needed	Months to goal	Monthly amount	This month's commitment
	Emergency savings				
	Retirement				
	My new goal				
	Other:				
	Other:				
	Other:				



SAVED: Five steps for making financial decisions

To find the best deal when you buy a financial product or service, follow the SAVED steps:

- **Stop** for a mental break before making a decision.
- **Ask** questions about costs and risks.
- **Verify** and check what you're told.
- **Estimate** your costs.
- **Decide** whether the costs and value are worthwhile for you.



1. Stop

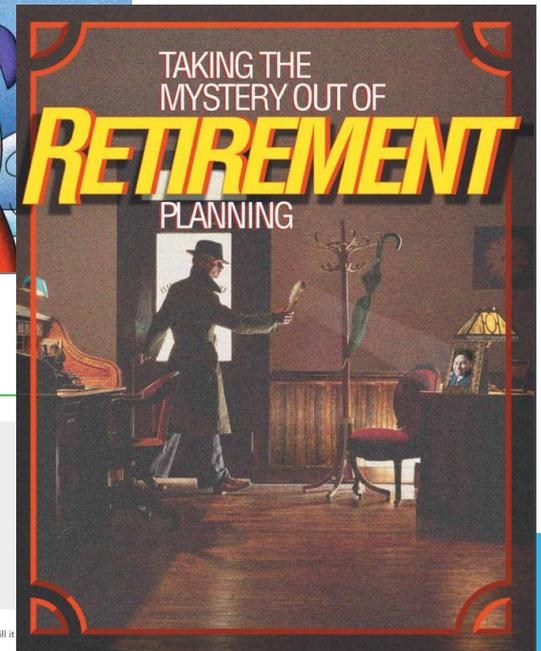
Stop and give yourself time to make a good decision. Don't pressure yourself, and don't let other people pressure you.

Feel free to tell salespeople: "I don't make financial decisions without first consulting my _____ I will contact you if I'm still interested." Fill in the blank with whomever you choose—your spouse, adult child, investment professional, attorney, or accountant.

2. Ask

Ask questions about costs and risks. Keep asking more questions until you're sure you understand what you're paying—and what you're getting.

- How much does this cost now? How much will it cost over time?
- Are there fees, taxes, penalties, or other charges? When do those apply?
- How do I avoid paying for extra services or add-ons if I don't want them?
- Can I cancel and get my money back? What's the deadline for canceling?
- How does the salesperson or company make money from me? Am I comfortable with that?
- What payment options do I have? Can I adjust my payment date?
- What's the worst-case scenario? How much money can I lose? How high can the cost of using the product go?



DEPARTMENT #3

USDA

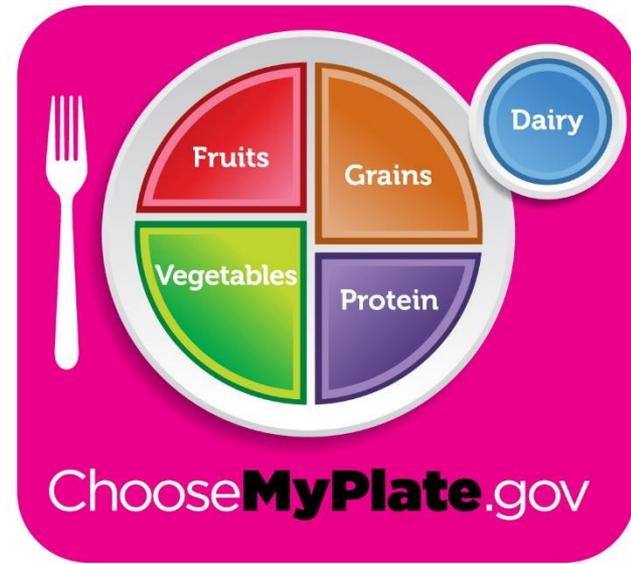


U.S. DEPARTMENT OF AGRICULTURE

The screenshot shows the 'Resources' page on the ChooseMyPlate website. The header includes the USDA logo, 'ChooseMyPlate U.S. DEPARTMENT OF AGRICULTURE', and navigation links like 'HOME', 'EAT HEALTHY', 'BROWSE BY AUDIENCE', 'RESOURCES', and 'MYPLATE KITCHEN'. A search bar is present. The main content area is titled 'HOME RESOURCES ALL RESOURCES' and features a 'Share' button. A left sidebar lists navigation options: Home, Eat Healthy, Browse by Audience, Resources (highlighted), All Resources, MyPlate Plan, Toolkits, Print Materials, Seasonal, Quizzes, Infographics, MyPlate Graphics, Videos, Food Waste, Food Safety, Physical Activity, and MyPlate Kitchen. The main content lists several resource categories with brief descriptions: 'MyPlate Plan' (personalized food targets), 'Toolkits' (for professionals), 'Print Materials' (downloadable PDFs), 'Seasonal Resources' (tips by season), 'Quizzes' (knowledge tests), and 'Infographics'.

MyPlate:

<https://www.choosemyplate.gov/resources/all-resources>



U.S. DEPARTMENT OF AGRICULTURE

MyPlate: <https://www.choosemyplate.gov/resources/infographics>

MyPlate Plan

Toolkits

Print Materials

Seasonal

Quizzes

Infographics

5 Ways Series

MyPlate Graphics

Videos

Food Waste

Food Safety

Physical Activity

MyPlate Kitchen

Turkey 5 Ways



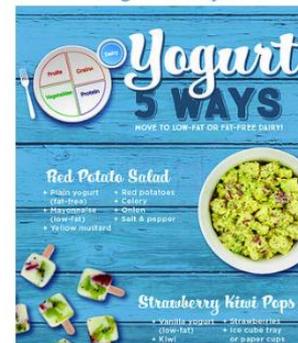
Canned Pears 5 Ways



Holiday Makeover



Yogurt 5 Ways



Turn Your Resolutions into Real Solutions



Peaches 5 Ways



U.S. DEPARTMENT OF AGRICULTURE

The screenshot shows the USDA Food Safety and Inspection Service website. The header includes the USDA logo, the text "United States Department of Agriculture" and "Food Safety and Inspection Service", and navigation links for "About FSIS", "District Offices", "Careers", "Contact Us", "Ask USDA", "askFSIS", and "En Español". A search bar is located in the top right. Below the header is a navigation menu with "Topics", "Programs & Services", "Newsroom", and "Forms". The main content area is titled "For Kids and Teens" and features a sidebar with a menu of categories: Careers, Fact Sheets, Food Safety Education (highlighted), Data Collection and Reports, Food Defense and Emergency Response, Inspection, International Affairs, Recalls and Public Health Alerts, Regulatory Compliance, Regulations, Directives and Notices, Rulemaking, and Science. The main content area lists three resources: "Food Safe Families Activity Book" (PDF and En Español PDF), "Food Safety After School" (PDF and En Español PDF), and "Food Safety Mobile Game". A note states: "Note: All pages hosted outside USDA will open in the same second window." Below this are sections for "Puzzles & Word Searches" and "Coloring & Activity Pages".

Food Safety and Inspection Service

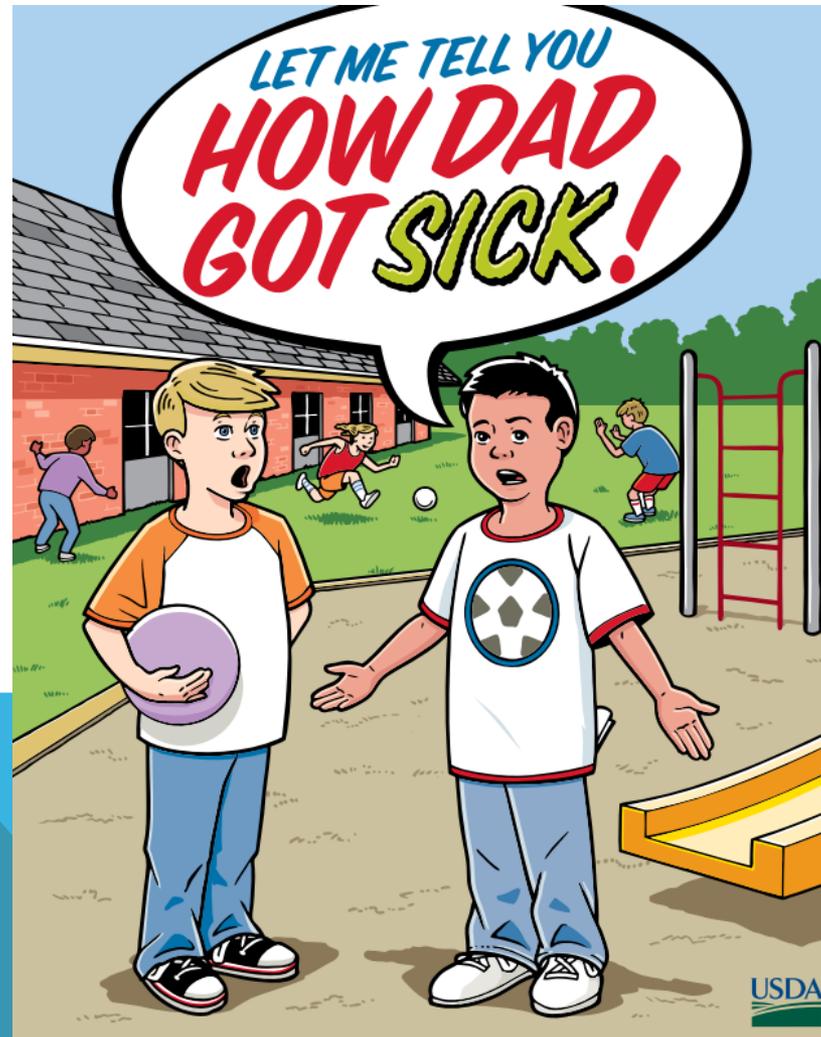
<https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/teach-others/download-materials/for-kids-and-teens>

- Majority of the publications are online only

U.S. DEPARTMENT OF AGRICULTURE

Food Safety and Inspection Service

<https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/teach-others/download-materials/for-kids-and-teens>



U.S. DEPARTMENT OF AGRICULTURE

Food Safety and Inspection Service

<https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/teach-others/download-materials/for-kids-and-teens>

Home About Project Accessibility Review

Speed is important, but in this kitchen, safety comes first. Put your ninja cooking skills to the test.



**Welcome To
Ninja Kitchen**

This game is only playable on platforms that support Adobe Flash and is not supported on mobile devices.
[Get help with enabling Adobe Flash](#)

Accessibility Review

U.S. DEPARTMENT OF AGRICULTURE

An official website of the United States Government. [Here's how you know](#) ▼

USDA WIC Works Resource System
U.S. DEPARTMENT OF AGRICULTURE

ABOUT RESOURCES TRAINING CONTACT **PUBLICATION ORDERING**

Home / WIC Publications Order Form

WIC Publications Order Form

WIC Works Resource System

<https://wicworks.fns.usda.gov/wic-publications-order-form>

CART:

[0 items](#)

FILTER BY:

PUBLICATION TOPIC ▼

PUBLICATION TYPE ▼

PRODUCT LANGUAGE ▼

WIC clinics in the United States and its territories can order free publications from the USDA Food and Nutrition Service (no international orders). Limited quantities are available until supply exhausted. Publications are mailed by the US Postal Service.

*Note: PUBLICATION HANDOUT in green above a title indicates that there is a dedicated page for this resource on the website to download the publication and learn more about it. APP in green above a title indicates that there is an app associated with a resource, for which there is dedicated page on the website. To locate a page quickly, type the title or keyword in the search box above.

Quantity

1

Add to cart

7 Super Things Parents & Caregivers Can Do

(Limit of 1000)



U.S. DEPARTMENT OF AGRICULTURE

Home | Help | List All Available Items



View Cart
0 Items in Cart

Team Nutrition print materials are available only to schools and child care centers that participate in the Federal Child Nutrition Programs. All others are welcome to download our materials from our Website at teamnutrition.usda.gov. If you cannot find an item on this order form, it is temporarily out of stock. Please check back often for its availability.

To inquire about bulk orders please send an email to teamnutrition@usda.gov

SEARCH FOR PUBLICATIONS BY:

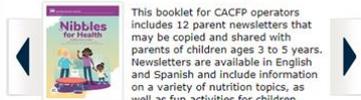
Audience: Language: Enter Search Text:

Order Form

AUDIENCES:

- > All
- > Afterschool and Summer
- > Child Care
- > Elementary Schools
- > Parents
- > School Nutrition Professionals
- > Secondary Schools

Nibbles for Health: Nutrition Newsletters for Parents of Young Children



This booklet for CACFP operators includes 12 parent newsletters that may be copied and shared with parents of children ages 3 to 5 years. Newsletters are available in English and Spanish and include information on a variety of nutrition topics, as well as fun activities for children.

[Order this publication >](#)

1 2 3

Healthy Eating With MyPlate

Healthy Eating With MyPlate informational text which is part of Fueling My Healthy Life lesson. Each item includes 35 booklets.

Order the "Healthy Eating With

Team Nutrition Cooks! Activity Guide

Team Nutrition Cooks! (TNC) is a series of cooking-based nutrition education activities for children ages 8 to 12 years old. This Activity Guide is meant for

FEATURED PUBLICATIONS

- [Adding Whole Grains to Your Child and Adult Care Food Program Menu](#)
- [Añadir granos integrales a su menú en el Programa de Alimentos para el Cuidado de Niños y Adultos](#)
- [Methods for Healthy Cooking](#)
- [Serving Meat and Meat Alternates at Breakfast](#)
- [Grain-Based Desserts in the Child and Adult Care Food Program](#)

Sign Up

- [Team Nutrition CACFP Organization](#)
- [Team Nutrition School](#)

USDA Team Nutrition

<https://pueblo.gpo.gov/TN/TNPubs.php>

DEPARTMENT #4

Homeland Security



US CITIZENSHIP AND IMMIGRATION SERVICES

Official Website of the Department of Homeland Security

Home | Email Updates | Contact Us

Citizenship Resource Center

U.S. Citizenship and Immigration Services

Search our Site

HOME | LEARNERS | EDUCATORS | ORGANIZATIONS | OTHER LANGUAGES

Home > Organizations > Civics and Citizenship Toolkit > Explore the Toolkit

Print This Page

Explore the Toolkit

The **Civics and Citizenship Toolkit** contains a variety of educational materials designed to help permanent residents learn more about the United States and prepare for the naturalization process. Many of the products can also serve as supplemental teaching tools for volunteers and adult educators in a classroom or community program setting. Each Toolkit includes a **Quick Start Guide (PDF, 1.40 MB)** with suggestions on how to use the materials in your community.

The following items are included in each copy of the **Civics and Citizenship Toolkit**. Click on the individual items below to access an electronic version of each resource.

One free Toolkit is available to all immigrant-serving organizations. A list of eligible organizations is available on the registration page. Organizations must register to receive a copy of the Toolkit. Restrictions apply.



Welcome to the United States: A Guide for New Immigrants (PDF, 3.57 MB)
(Form M-618)

Publication containing essential settlement information for new immigrants to the United States.



Bienvenidos a los Estados Unidos de América: Guía para nuevos inmigrantes (PDF, 3.79 MB)
(Form M-618-S)

Publication containing essential settlement information for new immigrants to the United States in Spanish.



Civics Flash Cards for the Naturalization Test (PDF, 3.60 MB)
(Form M-623)

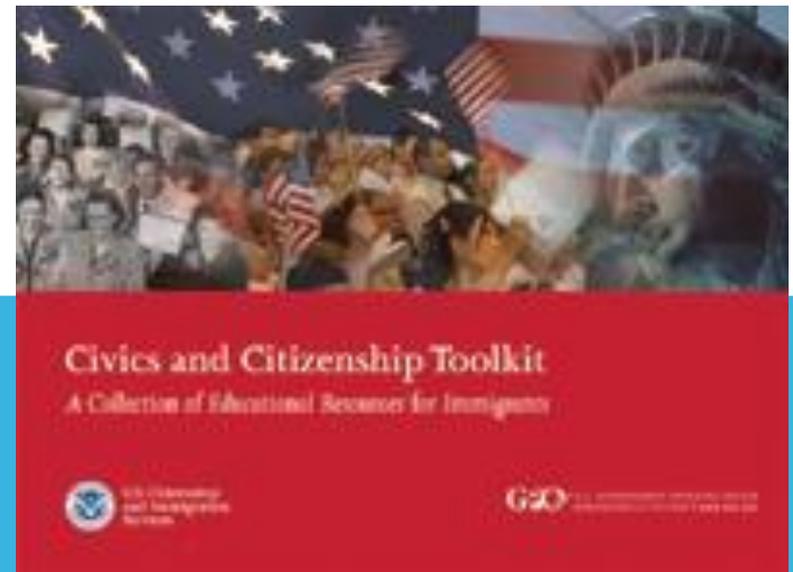
Easy-to-use flash cards containing each of the 100 civics questions and answers on the naturalization test.

Citizenship Toolkit

<https://www.uscis.gov/citizenship/organizations/civics-and-citizenship-toolkit/explore-toolkit>

Registration

<https://www.uscis.gov/citizenship/organizations/civics-and-citizenship-toolkit/registration>



U.S. FIRE ADMINISTRATION

[HTTPS://APPS.USFA.FEMA.GOV/PUBLICATIONS/](https://apps.usfa.fema.gov/publications/)



You have to create an account in order to access the publications.

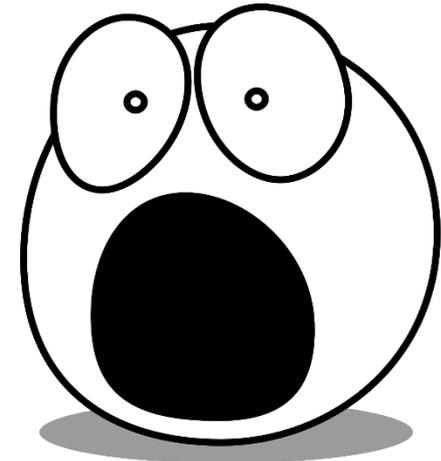
USFA publications

USFA provides information resources in many formats, including books, pamphlets and DVD's, free of charge. You do not need to register to browse or download products in this Catalog.



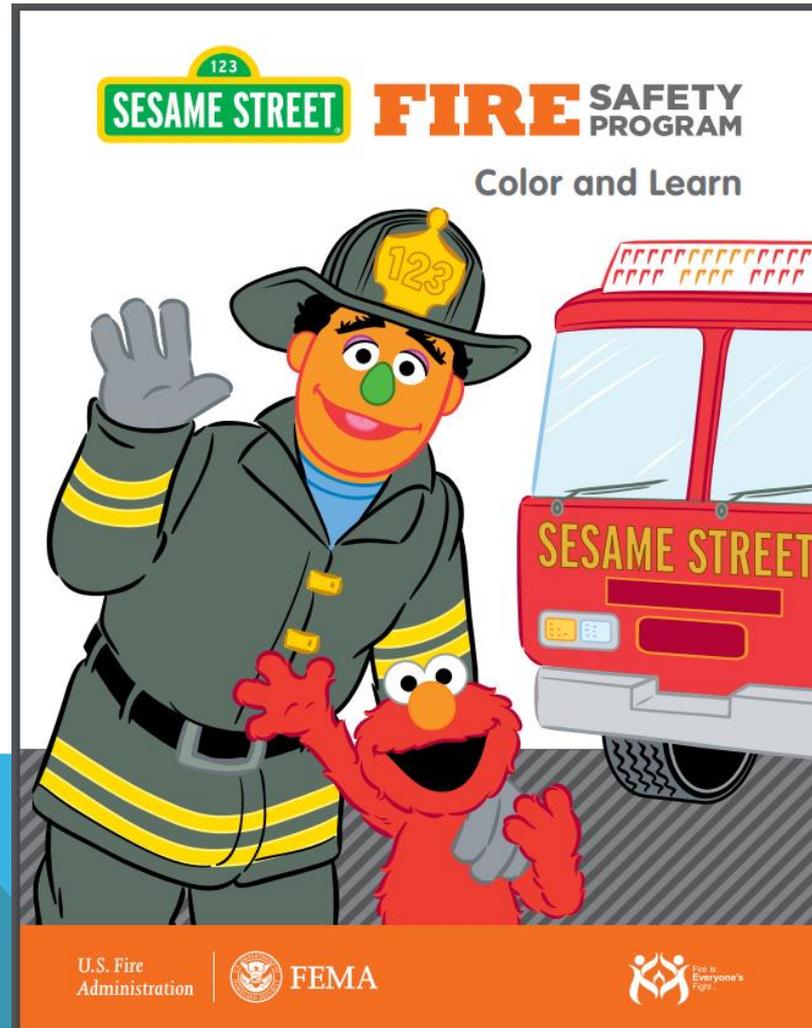
[New customers: register](#)
[Returning customers: sign in](#)

Important: You can only order each item once a year!



U.S. FIRE ADMINISTRATION

[HTTPS://APPS.USFA.FEMA.GOV/PUBLICATIONS/](https://apps.usfa.fema.gov/publications/)



U.S. FIRE ADMINISTRATION

[HTTPS://APPS.USFA.FEMA.GOV/PUBLICATIONS/](https://apps.usfa.fema.gov/publications/)

Wildfire Evacuation



Tips to evacuate safely:

- ❶ If you are told to evacuate, do so immediately. If you wait until the last minute, the roads may have heavy traffic. Blowing embers and debris from the fire may make it hard to see.
- ❷ Stay informed. Listen to the TV/radio broadcasts for current weather and emergency instructions. Sign up to receive local emergency alerts and warnings on both your home phone and cellphone.
- ❸ Know your community's local evacuation plan. Plan ahead by practicing two ways out of your neighborhood. You should know the evacuation route and plan a place where you will go.
- ❹ Make sure everyone in your family knows your meeting place ahead of time. Let your family and friends who do not live in your area know your meeting place.
- ❺ Keep your car fueled and keep an emergency supply bag in your car. Back your car into the garage or park it in an open space facing the direction of escape.



Prepare an emergency bag of personal items.

For more information and free fire-safety resources, visit
www.usfa.fema.gov.



Click here to
add image.



U.S. FIRE ADMINISTRATION

[HTTPS://APPS.USFA.FEMA.GOV/PUBLICATIONS/](https://apps.usfa.fema.gov/publications/)



Happy Holidays!

SAFETY & YOUR TREE

- Natural trees should be cut at a 45° angle at the base and placed in water.
- Place tree away from sources of heat.
- Use only non-flammable decorations.
- Use only lighting evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL).
- Inspect lights for frayed wire or other defects before use.
- Do not leave lights on unattended.
- Keep natural tree stands filled with water at all times.
- When the tree becomes dry, discard it promptly.

FA-024 - 11/08

FEMA

Ready

- Disasters and Emergencies
- Make a Plan
- Get Involved
- Ready Business
- Ready Kids
- Resources



Free Publications

You can order printed copies of Ready emergency preparedness publications by downloading the [Ready Materials Order Form](#) (PDF) as well as materials related to individual and community preparedness by downloading the [Individual and Community Preparedness Publication Order Form](#) (PDF).

Please e-mail, mail, or fax your order form to the FEMA Warehouse:

- Email: FEMAPubs@GPO.gov
- Phone: 1-800-480-2520 6:30am to 2pm, Mountain Time, Monday - Friday
- Mail: FEMA Distribution Center, c/o Pueblo Distribution Center, Attn: Receiving, Pueblo, CO 81001

- Disasters and Emergencies
- Make a Plan
- Get Involved
- Ready Business
- Ready Kids
- Resources**
- Resources

Ready.gov

<https://www.ready.gov/publications>

FEMA

Ready.gov

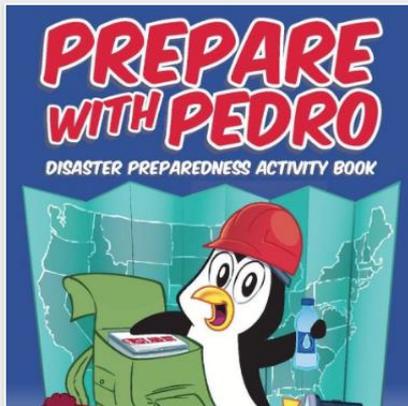
<https://www.ready.gov/publications>



Home / Ready Kids / Prepare with Pedro

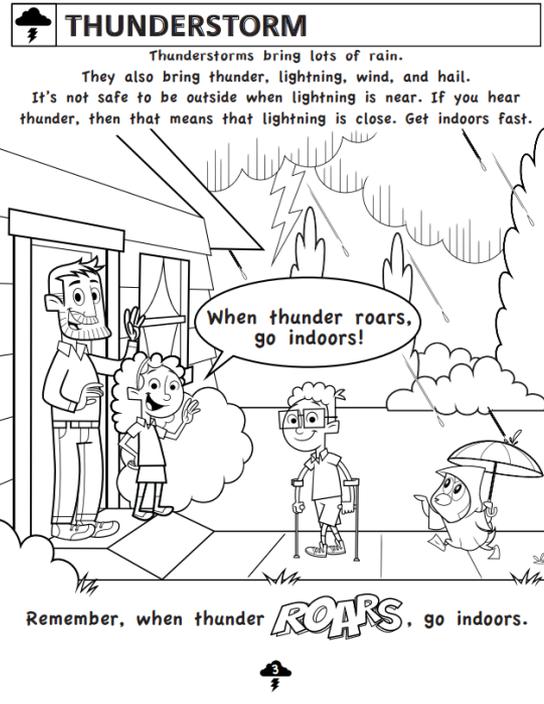
Prepare with Pedro

Hi! I'm Pedro the Penguin! I'm traveling around the United States to visit my friends and learn how they prepare. I'd like you to come. Emergencies and disasters can happen anywhere, but there are ways to help you stay safe. Follow along, and we can learn together!



Disaster Preparedness Activity Book

Prepare with Pedro is a joint product of FEMA and the American Red Cross. The Prepare with Pedro: Disaster Preparedness Activity Book is designed to teach young children and their families about how to stay safe during disasters and emergencies. The book follows Pedro around the United States and offers safety advice through crosswords, coloring pages, matching games, and more. The Disaster Preparedness Activity Book is available for download in 6 languages. You can also order free copies in English and Spanish from the FEMA Warehouse.



FEMA

Ready.gov – Ready 2 Help game

<https://www.ready.gov/ready-2-help>

Ready 2 Help
Instructions

For 2–4
players

8+

Ages 8
and up

30
minutes

Alternative for children under 8: Introduce younger children to the concepts of Stay Safe, Stay Calm, Get Help, Give Info, and Give Care by using the Skill cards to play a matching or memory game.

Goal

Be the first player to collect five Emergency cards.

Cards

In your box, you have the following types of cards:

Emergency Cards
(Collect five of these to win)

Skill Cards
(Collect Emergency cards by playing the required skills)

Take Action Cards
(Use these to help you get the skills you need to respond to emergencies)

Playmat

There are four playmats at the end of the Companion Book. Distribute one playmat to each player.

Players can use the playmat to keep score throughout the game.

[HTTPS://WWW.READY.GOV/READY-2-HELP](https://www.ready.gov/ready-2-help)



**There's
a video!**

READY.GOV (CONTINUED)



Navigation

Search

Languages

Multimedia (Photos, Video, and Audio)

Multimedia Collections

Documents and Resources

Document Collections

Photo, Video Use Guidelines

Ready Materials Order Form

Form used to place an order with the FEMA Distribution Center for printed Ready Campaign materials, free to the general public. **email:** FEMApubs@GPO.gov **phone:** 1-800-480-2520 6:30am to 2pm, Mountain Time, Monday – Friday **mail:** FEMA Distribution Center, c/o Pueblo Distribution Center, Attn: Receiving, Pueblo, CO 81001

Please allow 4 to 6 weeks for free shipping.



	Size	Publication Date
 Ready Materials Order Form Form used to place an order with the FEMA Distribution Center for printed Ready Campaign materials, free to the general public. email: FEMApubs@GPO.gov phone: 1-800-480-2520 6:30am to 2pm, Mountain Time, Monday – Friday mail: FEMA Distribution Center, c/o Pueblo Distribution Center, Attn: Receiving, Pueblo, CO 81001 Please allow 4 to 6 weeks for free shipping.	0.42M	

Resource Type: Document / Report | Last Updated: March 21, 2019

READY.GOV (CONTINUED)



Ready Materials Order Form

To place an order:

- **Email:** FEMApubs@gpo.gov
- **Phone:** 1-800-480-2520 6:30am to 2pm, Mountain Time, Monday – Friday
- **Mail:** FEMA Distribution Center, c/o Pueblo Distribution Center, Attn: Receiving, Pueblo, CO 81001

Please allow 4 to 6 weeks for free shipping.

Quantity	Inventory #	Publication Title & Number	Limit	Type
	9-0637	Preparing Makes Sense -Get Ready Now - Spanish (R-4)	150	Quad-Fold
	9-0658	Preparing Makes Sense for People with Disabilities (Large Print)(R-6)	150	Tri-fold
	9-0657	Preparing Makes Sense for Older Americans (R-5)	150	Tri-fold
	9-0618	Preparing Makes Sense - Get Ready Now (R-3)	150	Tri-fold
	9-0659	Emergency Supply List (R-8)	150	Tri-fold
	9-0656	Preparing Your Pets For Emergencies (R-7)	150	Tri-fold

Name: _____

Company: _____

Mailing Address: _____



Publication Order Form

Individual & Community Preparedness Division

To order FEMA publications:

Please provide the requested information on this form and submit via one of the following methods:

Email: FEMApubs@gpo.gov
Phone: 800-480-2520
Fax: 240-699-0525

Mail: FEMA Distribution Center
 31451 United Ave.
 Pueblo, Co 81001

Note: Please allow 4-6 weeks for processing and delivery.

Search for digital versions of these products at www.ready.gov or via the embedded hyperlinks on this form.

Customer Information

Organization / Agency / Company Name: _____

Requestor Name: _____

Email Address: _____

Phone Number: _____

Delivery Address

Address Line 1: _____

Address Line 2: _____

City: _____ State: _____ Zip Code: _____

BLUE CAMPAIGN

[HTTPS://WWW.DHS.GOV/BLUE-CAMPAIGN](https://www.dhs.gov/blue-campaign)



Home > Blue Campaign > Resources

Resources

- Document Library
- Request Materials
- Awareness Training
- Awareness Videos
- Newsletters
- Resources Available for Victims
- Fiscal Year 2017 Strategic Action Plan
- Subscribe
- Publications Library

Resources

A collection of campaign materials, trainings, and videos from the Blue Campaign.



Document Library
A comprehensive collection of all publications and materials available to download and print from the Blue Campaign.



Request Blue Campaign Materials
Browse a wide variety of human trafficking awareness materials to help educate the public to watch out for signs and indicators.



Awareness Training
The Blue Campaign has developed awareness and training materials to help increase awareness and educate on the indicators of human trafficking.



Awareness Videos
Select a category below to view videos designed to spread awareness of the signs and indicators of human trafficking.



Fiscal Year 2017 Strategic Action Plan
Read how Blue Campaign and the federal government are working to

WHAT IS HUMAN TRAFFICKING



Learn more about the three different types of human trafficking and what you can do to help end this heinous crime.

Click here to view and download our "What is Human Trafficking" infographic.

To report suspected human trafficking to Federal law enforcement:

Blue Campaign is a national public awareness campaign, designed to educate the public, law enforcement and other industry partners to recognize the indicators of human trafficking, and how to appropriately respond to possible cases. Blue Campaign works closely with DHS Components to create

BLUE CAMPAIGN

[HTTPS://WWW.DHS.GOV/BLUE-CAMPAIGN](https://www.dhs.gov/blue-campaign)

<p>REPORT SUSPECTED TRAFFICKING 1-866-DHS-2-ICE <small>1-866-347-2423</small></p>	<p>VICTIM SUPPORT CALL 1-888-373-7888</p>	<p>TEXT INFO or HELP to BeFree (233733)</p>	<p>REPORT SUSPECTED TRAFFICKING 1-866-DHS-2-ICE <small>1-866-347-2423</small></p>	<p>VICTIM SUPPORT CALL 1-888-373-7888</p>	<p>TEXT INFO or HELP to BeFree (233733)</p>
<p>HUMAN TRAFFICKING IN AMERICA IS MODERN DAY SLAVERY</p> <p>FORCED LABOR SEX TRAFFICKING DOMESTIC SERVITUDE</p>			<p>HUMAN TRAFFICKING IN AMERICA IS MODERN DAY SLAVERY</p> <p>FORCED LABOR SEX TRAFFICKING DOMESTIC SERVITUDE</p>		
					
<p>IT'S HAPPENING IN OUR COMMUNITY GET INFORMED DHS.GOV/BLUECAMPAIGN</p>			<p>IT'S HAPPENING IN OUR COMMUNITY GET INFORMED DHS.GOV/BLUECAMPAIGN</p>		
<p> BLUE CAMPAIGN <small>One Voice. One Mission. End Human Trafficking.</small></p>			<p> BLUE CAMPAIGN <small>One Voice. One Mission. End Human Trafficking.</small></p>		
<p>REPORT SUSPECTED TRAFFICKING 1-866-DHS-2-ICE <small>1-866-347-2423</small></p>	<p>VICTIM SUPPORT CALL 1-888-373-7888</p>	<p>TEXT INFO or HELP to BeFree (233733)</p>	<p>REPORT SUSPECTED TRAFFICKING 1-866-DHS-2-ICE <small>1-866-347-2423</small></p>	<p>VICTIM SUPPORT CALL 1-888-373-7888</p>	<p>TEXT INFO or HELP to BeFree (233733)</p>

BLUE CAMPAIGN

[HTTPS://WWW.DHS.GOV/BLUE-CAMPAIGN](https://www.dhs.gov/blue-campaign)

Organization *	<input type="text"/>
Organization Type *	<input type="text" value="- Select -"/>
Name *	<input type="text"/>
Address "No P.O. Boxes" *	<input type="text"/>
Address (continued)	<input type="text"/>
City *	<input type="text"/>
State *	<input type="text" value="- Select -"/>
Zip Code *	<input type="text"/>
Phone Number	<input type="text"/>
Email Address *	<input type="text"/>
Date of Event	<input type="text" value="Month"/> <input type="text" value="Day"/> <input type="text" value="Year"/> <input type="text" value="📅"/> <i>Please let us know if you need our materials by a specific date.</i>
Ship After Event Date	<input type="radio"/> Yes <input type="radio"/> No <i>If we are unable to fulfill your order in time for your event, would you still like your materials to be shipped?</i>
Special Instructions	<input type="text"/>

Click on the text to view materials available in that category.

Posters

Help raise awareness of human trafficking by displaying these posters.

- [Sex Trafficking Poster](#) _____
- [Forced Labor Poster](#) _____
- [Domestic Servitude Poster](#) _____
- [What Does Human Trafficking Look Like?](#) _____

DEPARTMENT #5

Commerce



DEPARTMENT OF COMMERCE

The screenshot shows the FTC website's 'Free Publications to Share' page. At the top, the FTC logo and name are displayed, along with navigation links for 'Contact', 'Stay Connected', 'Privacy Policy', and 'En español'. Below this is a navigation bar with 'HOME', 'PUBLICATIONS', 'FAQ', 'FTC.gov', and 'CART' icons, and a search bar. The main content area is titled 'FREE PUBLICATIONS TO SHARE' and is divided into three sections: 'LANGUAGES', 'TOPICS', and 'FEATURED PUBLICATIONS'. The 'LANGUAGES' section lists English (102) and Spanish (82) with a 'View Languages' link. The 'TOPICS' section lists various categories such as Scams (77), Shopping & Advertising (33), Privacy & Identity (33), Credit & Loans (31), Online Safety & Security (12), Debt (11), Jobs & Making Money (11), Health (6), and Homes & Mortgages (2), with a 'View All Publications' link. The 'FEATURED PUBLICATIONS' section highlights three items: 'Identity Theft - What To Know, What To Do', 'Net Cetera: Chatting with Kids About Being Online', and 'Scams and Your Small Business'. Below this is an 'ADDITIONAL PUBLICATIONS' section with three more items: 'Pass It On', 'Consumer.gov', and 'For Businesses'.

FEDERAL TRADE COMMISSION
Free Publications for America's Consumers

Contact | Stay Connected | Privacy Policy | En español

HOME PUBLICATIONS FAQ FTC.gov CART Search

FREE PUBLICATIONS TO SHARE

LANGUAGES

- English (102)
- Spanish (82)
- [View Languages >](#)

CAMPAIGNS

- Military (19)
- Immigration (6)
- Pass It On (58)
- Consumer.gov (49)
- Identity Theft (14)
- [View Campaigns >](#)

[View All Publications >](#)

TOPICS

- Scams (77)
- Shopping & Advertising (33)
- Privacy & Identity (33)
- Credit & Loans (31)
- Online Safety & Security (12)
- Debt (11)
- Jobs & Making Money (11)
- Health (6)
- Homes & Mortgages (2)

[View All Publications >](#)

FEATURED PUBLICATIONS

[View All Publications >](#)

- Identity Theft - What To Know, What To Do**
How to recover from identity theft, using IdentityTheft.gov
- Net Cetera: Chatting with Kids About Being Online**
Tips for having a conversation about the facts of digital life
- Scams and Your Small Business**
Learn about scams that target small business and what you can do to protect your organization.

ADDITIONAL PUBLICATIONS

- Pass It On**
Flyers and bookmarks on topics from identity theft to charity fraud, to help you start conversations and
- Consumer.gov**
Consumer protection basics in a clear, direct style
- For Businesses**
No matter your industry or the size of your company, these publications can help you understand and

Federal Trade Commission (FTC)
<https://www.bulkorder.ftc.gov/>

DEPARTMENT OF COMMERCE

Federal Trade Commission (FTC) <https://www.bulkorder.ftc.gov/>

Free Credit Reports



Federal Trade Commission | [ftc.gov](https://www.ftc.gov)

Buying a Used Car



Federal Trade Commission | [consumer.ftc.gov](https://www.consumer.ftc.gov)

DEPARTMENT #6

Labor



DEPARTMENT OF LABOR

The screenshot shows the OSHA Publications website. At the top, there is a red header with the United States Department of Labor logo and social media icons. Below this is a navigation bar with 'Occupational Safety and Health Administration' and links for 'CONTACT US', 'FAQ', 'A TO Z INDEX', 'ENGLISH', and 'ESPAÑOL'. A secondary navigation bar includes 'OSHA', 'STANDARDS', 'TOPICS', and 'HELP AND RESOURCES', along with a search box labeled 'SEARCH OSHA'. The main content area features a 'How to Order Publications' section with options for 'Online', 'Bulk Orders', 'Phone', and 'Mail'. A 'Cart 0' icon is visible. A large banner image shows a person holding a tablet displaying various OSHA publications. A text box on the right of the banner states 'Available eBooks: Select OSHA publications are available in eBook format.' Below the banner, there are navigation tabs for 'POPULAR DOWNLOADS', 'TOPIC', 'TYPE', 'EN ESPAÑOL', and 'OTHER LANGUAGES'. A 'NEW ITEMS' section at the bottom displays several publication thumbnails, including 'Guidance on Preparing', 'STAND UP4 Occupational Safety 2023', 'NATURAL SAFETY STAND-DOWN', and '2021 HAZARD BULLETIN'.

Occupational Safety and Health Administration (OSHA)

<https://www.osha.gov/pls/publications/publication.html>

DEPARTMENT #7

Health and Human Services



CENTERS FOR DISEASE, CONTROL, AND PREVENTION

<https://wwwn.cdc.gov/pubs/CDCInfoOnDemand.aspx>

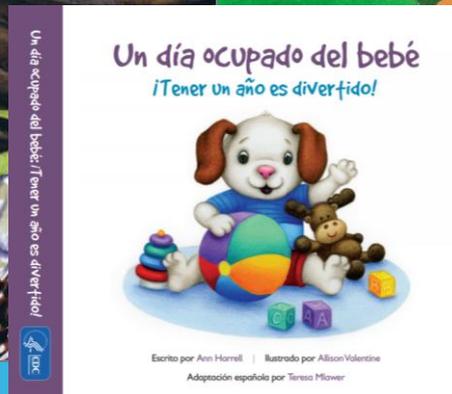
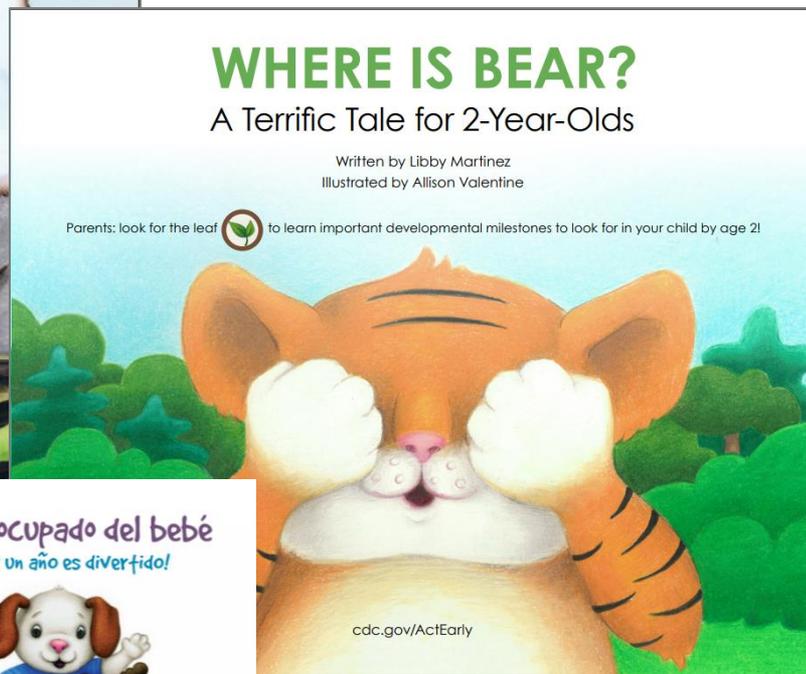
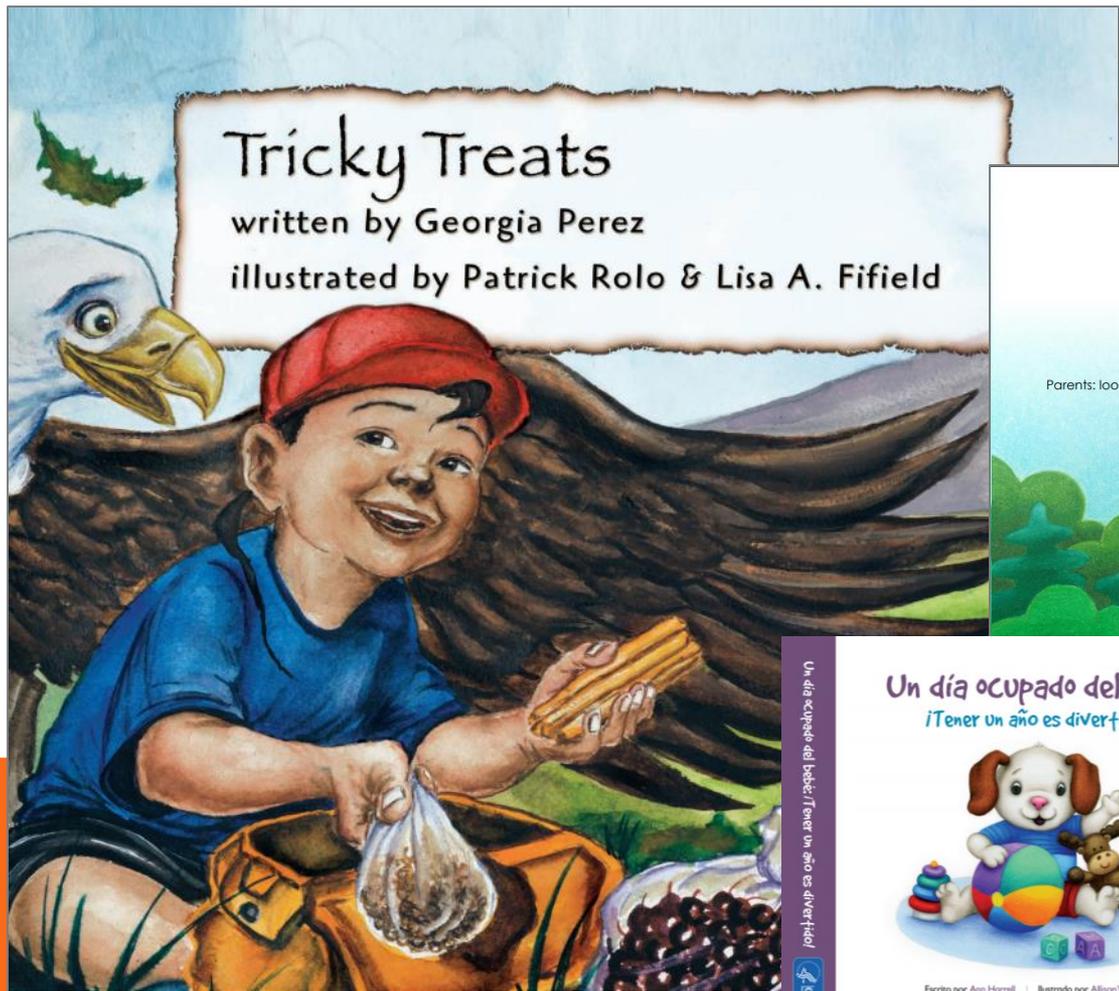
Online versions are also available.

Posters, brochures, toolkits, stickers, CD/DVDs, etc.

Example: Select library if you are a library entity.

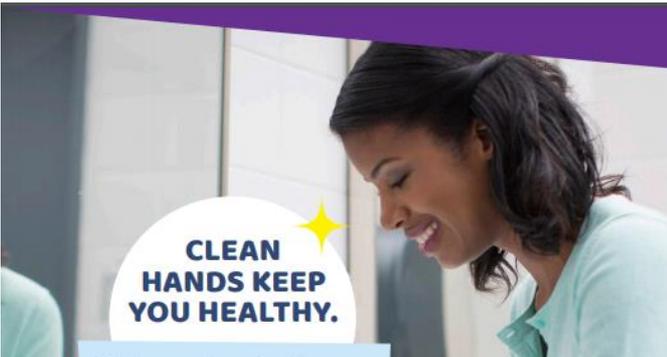
CENTERS FOR DISEASE, CONTROL, AND PREVENTION

<https://wwwn.cdc.gov/pubs/CDCInfoOnDemand.aspx>



CENTERS FOR DISEASE, CONTROL, AND PREVENTION

<https://wwwn.cdc.gov/pubs/CDCInfoOnDemand.aspx>



CLEAN HANDS KEEP YOU HEALTHY.

Wash your hands with soap and water for at least **20 SECONDS.**



LIFE IS BETTER WITH CLEAN HANDS

www.cdc.gov/handwashing

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOU, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



AN ANTIBIOTIC IS THE WRONG TOOL TO TREAT A VIRUS.

Make sure you use the right tool for the job.

Antibiotics save lives by treating certain infections caused by bacteria, not viruses like colds or flu. When they're not needed, antibiotics won't help you, and the side effects could still hurt you. Ask your doctor when an antibiotic is the right tool for your illness and when it's not.

To learn more about antibiotic prescribing and use, visit www.cdc.gov/antibiotic-use.

BE ANTIBIOTIC AWARE
SMART USE. BEST CARE



**OUT OF SIGHT, OUT OF MIND...
NOT THIS TIME!**

Did you know?

One of the most dangerous side effects of chemotherapy cannot be seen?

That's right, a low white blood cell count, or neutropenia, puts cancer patients at a higher risk for getting an infection.

An infection in people with cancer is an emergency. Be prepared, and remember the following three things during chemotherapy:

1. Treat a fever as an emergency, and call your doctor right away if you develop a fever.
2. Find out from your doctor when your white blood cell count will be the lowest because this is when you are most at risk for infection.
3. If you have to go to the emergency room, it's important that you tell the person checking you in that you have cancer and are receiving chemotherapy. If you have an infection you should not sit in the waiting room for a long time. Infections can get very serious in a short amount of time.



Learn more at: www.cdc.gov/cancer/preventinfections

National Center for Chronic Disease Prevention and Health Promotion
Division of Cancer Prevention and Control



Made possible by a CDC Foundation partnership with Amgen

WE JUST SCRATCHED THE SURFACE!

There are more publications out there and free handouts to acquire for you library, special programs, or events.

There are YouTube videos that you can put on your website (check out the FTC scam videos!).

There are agencies and bureaus who offer free speakers – it might be a phone call, but well worth it!

There are SO many other things out there! Try the search phrase “publication order site:gov” to see what pops up.

And if anything, you can play Ninja Kitchen to pass the time.



Journey with me...to the land of make believe...where all of these slides were accurate and up-to-date.



LET'S GO LIVE?

**THANK YOU EVERYONE!
AND THANK YOU ALEA!**

**Remember:
Stay Safe.
Stay Positive.
and STAY HOME!**



Only YOU can prevent the spread of COVID-19!

Sarah Dobransky
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Cleveland Public Library
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(216) 623-2939 – office phone, for when we're back in the office