Federal Government
Mental Health Resources/
Recursos del Gobierno Federal
de Salud Mental

U.S. Government Information...
ELECTRONICALLY

A bilingual training program for students, staff and library users

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Importance of mental health resources
Importancia de recursos de salud mental

26.2% of adult Americans have a mental health disorder
26.2% de adultos americanos tienan un trastorno de salud mental

http://www.nimh.nih.gov/health/publications/the-numbers-count-mental-disorders-in-america/index.shtml#Intro

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Why government resources?
¿Porque Recursos del Gobierno?

Quality/Cualidad

Credibility/Credibilidad

Accessibility/Accesibilidad

Free Resources/Recuros gratutitos

3

Why resources in other languages?
¿Porque recursos en otros idiomas?

Numerous speakers of other languages in the United States/ Cantidad grande de hablantes de otros idiomas en los estados unidos

Information in your native language is easier to understand in a crisis situation/ En una situación de crisis tu idioma nativa es mas fácil

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Latino Population Statistics

http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/005338.html
(link to statistics on the latino population in the US/Enlace a estadisticas del poblacion latino en E.E.U.U.)

General Resources/ Recursos Generales

http://www.usa.gov/gobiernousa/
  Basic US Government web page in Spanish/
Pagina básica del Internet en español

http://medlineplus.gov/spanish/
Link to Medline plus site in Spanish/ Enlace a
  Medline plus en español

Medline Plus page in Spanish

For Google Fans/Para fanáticos de Google

http://www.google.com/unclesam

Access from Encarnación Valdés Library/
Acceso de la Biblioteca Encarnación Valdés

http://www.pucpr.edu/

Web page Encarnacion Valdes Library

GPO Access

http://www.gpoaccess.gov/

Link to the Government Printing Office web site/

Enlace al GPO pagina del Internet (Page contains links to GPO catalog , GPO bookstore, and various government databases)

http://catalog.gpo.gov/F

Direct link to the GPO catalog /

Enlace directo al catalogo del GPO

Web sites and agencies/
Paginas del Internet y Agencias

http://www.nimh.nih.gov/

Link to the National Institutes of Mental Health/ Enlace a los Institutos Nacionales de Salud Mental

http://www.samhsa.gov/espanol/

Link to the Substance Abuse and Mental Health Services Administration/ Enlace a la pagina del Internet de la Administración de Salud Mental y Abuso de Sustancias de E.E.U.U.

Web sites and agencies

Paginas del Internet y Agencias

(Link to the Centers for Disease control in Spanish/Enlace a los Centros para el Control y la Prevención de Enfermedades)

http://www.cdc.gov/spanish/

Resources for children and adolescents

http://bblocks.samhsa.gov/media/bblocks/Spanish/ParentGuide.pdf

http://mentalhealth.samhsa.gov/publications/allpubs/sma-4054S/

http://mentalhealth.samhsa.gov/publications/allpubs/KEN-01-0099/default.asp

Resources for adults/ Recursos para adultos

http://www.nia.nih.gov/NR/rdonl
yres/C987183A-7F57-4AD2-
BAA7-
A1A89C215300/0/La_Depresin
No_Permita_que_la_Depresin_
Le_Persista61907.pdf

http://mentalhealth.samhsa.gov/
publications/allpubs/SMA-96-
3118SP/default.asp

http://permanent.access.gpo.gov/
lps77055/spOCD4676.pdf

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Scientific and technical resources /
Recursos científicos y técnicos

http://www.ncbi.nlm.nih.gov/p
ubmed/
(Link to pubmed, the search
engine of the national library of
medicine/Enlace a pubmed, el
buscador de la Biblioteca
Nacional de Medicina de
E.E.U.U.)

http://fdlp.ntis.gov/login.aspx?Ret
urnUrl=%2fdefault.aspx (Link
to DARTS-NTIS-Depository
Access to Research and
Technical Services/National
Technical Information Service)

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Mental Health Statistics
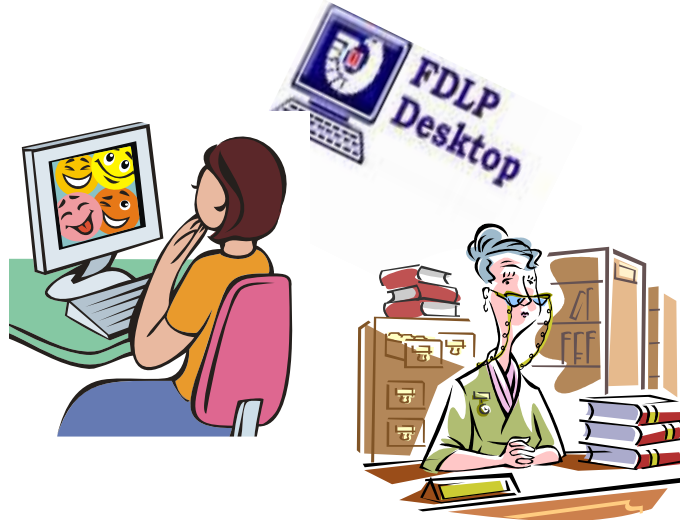
Estadisticas de salud mental

http://www.stat-usa.gov/

http://www.census.gov/

http://www.oas.samhsa.gov/

http://www.mentalhealthamerica.net/go/en-espanol

http://www.nami.org/Content/NavigationMenu/Inform_Yourself/NAMI_en_español/NAMI_en_español.htm

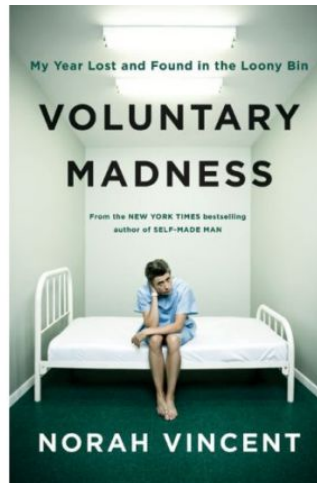**Other resources/Otros recursos**

If this is what you all day

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Then this is what you have

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THANK YOU
GRACIAS