### THERE IS NOTHING SO American: Planning a National Park Vacation

Jennifer Castle, Tennessee State University Dominique Hallett, Arkansas State University

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"There is nothing so American as our national parks... The fundamental idea behind the parks ... is that the country belongs to the people, that it is in process of making for the enrichment of the lives of all of us."

-PRESIDENT FRANKLIN D. ROOSEVELT



Sites administered by the U.S. National Park Service

# 850,000,000

Acres in all 50 states, D.C., and territories

# 312,000,000

Recreation visits were logged by the NPS in 2022



# **MOST VISITED PARKS**

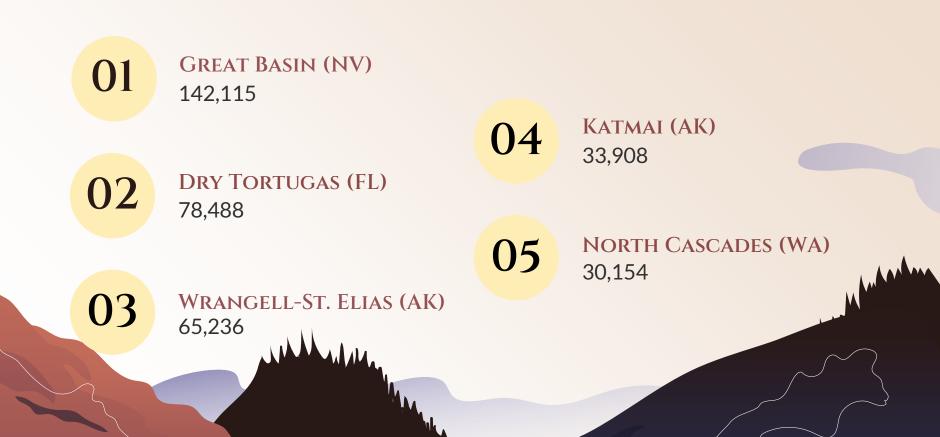
**GREAT SMOKY MOUNTAINS** 01 (NC, TN) 12.94 million **ROCKY MOUNTAIN (CO)** 04 4.30 million **GRAND CANYON (AZ)** 02 4.73 million ACADIA (ME) 05 3.97 million 03 ZION (UT) 4.69 million

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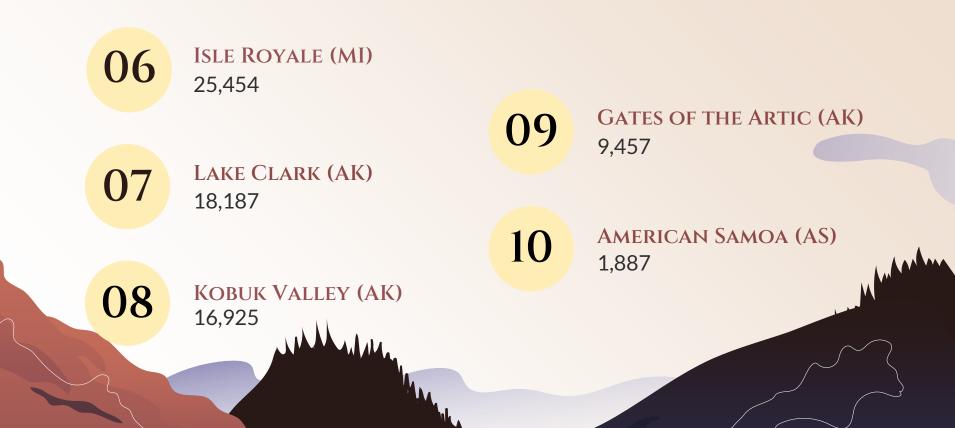
# **MOST VISITED PARKS**



## **LEAST VISITED PARKS**



# **LEAST VISITED PARKS**



# **NPS TRIVIA**

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### WHAT IS THE ONLY STATE WITHOUT A NATIONAL PARK OF ITS OWN?





"The establishment of the National Park Service is justified by considerations of good administration, of the value of natural beauty as a National asset, and of the effectiveness of outdoor life and recreation in the production of good citizenship."

-PRESIDENT THEODORE ROOSEVELT



## **NIGHT SKY WATCHING**

https://www.nps.gov/subjects/nightskies/index.htm

The night sky has inspired us for generations. Nighttime views and environments are among the critical park features the NPS protects.

# **NIGHT SKY WATCHING**

https://www.nps.gov/subjects/nightskies/stargaze.htm

Many national parks offer night sky programs, from telescope astronomy events to full moon walks with rangers.

ARCHES NATIONAL PARK, UT	https://www.nps.gov/arch/learn/nature/lightscape.htm
<b>BIG CYPRESS NATIONAL PRESERVE, FL</b>	https://www.nps.gov/bicy/planyourvisit/astronomy-programs.htm
CHACO CULTURE NATIONAL HISTORICAL PARK, NM	https://www.nps.gov/chcu/planyourvisit/nightsky.htm
Death Valley National Park, CA, NV	https://www.nps.gov/deva/learn/nature/lightscape.htm
<b>GREAT BASIN NATIONAL PARK, NV</b>	https://www.nps.gov/grba/getinvolved/supportyourpark/gbo.htm

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# **OCEAN AND COASTAL PARKS**

#### https://www.nps.gov/subjects/oceans/ocean-and-coastal-parks.htm

In addition to traditional activities such as wildlife viewing, hiking, and educational opportunities -- both natural and cultural -- these unique parks can include

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- Boating
- Watersports
- Paddlesports
- Diving and snorkeling

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• Fishing

# **SHORT HIKING**

https://www.nps.gov/subjects/trails/index.htm

QUEEN'S GARDEN NAVAJO LOOP TRAIL BRYCE CANYON, UT

Distance: 2.75 miles | Difficulty: Easy to moderate | Time: 2 to 3 hours

02

01

#### INSPIRATION POINT Grand Teton, WY

Distance: 2 miles | Difficulty: Easy to moderate | Time: 1 to 2 hours



**BLUE FOREST TRAIL PETRIFIED FOREST, AZ** Distance: 3 miles | Difficulty: Easy to moderate | Time: 1 to 2 hours

05

HIDDEN LAKE OVERLOOK GLACIER, MT Distance: 2.8 miles | Difficulty: Easy | Time: 1 to 2 hours

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03

#### UTE TRAIL TO TOMBSTONE RIDGE ROCKY MOUNTAIN, CO Distance: 4 miles | Difficulty: Easy | Time: 2 to 3 hours

# LONG HIKING

https://www.nps.gov/subjects/trails/index.htm

01

#### APPALACHIAN TRAIL SHENANDOAH, VA Distance: 105 miles | Duration: 7 days

02

WONDERLAND TRAIL MOUNT RAINIER, WA Distance: 93 miles | Duration: 10-14 days 04

GRAND CANYON RIM-TO-RIM GRAND CANYON, AZ Distance: 24 miles | Duration: 4 days

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05

PAINTED DESERT PETRIFIED FOREST, AZ Distance: At least 2 miles Duration: 2-5 days

03

JOHN MUIR TRAIL YOSEMITE, SEQUOIA, & KINGS CANYON, CA Distance: 211 miles | Duration: 3 weeks

# BIKING

#### https://www.nps.gov/subjects/biking/visit.htm

Shark Valley Scenic Loop Everglades, FL	15 miles	
Glacier National Park,	50 miles	
Hermit Road Grand Canyon, AZ	7 miles	
Cades Cove, Great Smoky Mountains, TN	11 miles	
Cactus Forest Loop Saguaro, AZ	8 miles	
Hurricane Ridge Olympic, WA	17 miles (ascent)	
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# **MOUNTAIN BIKING**

#### https://www.nps.gov/subjects/biking/visit.htm

BIG BEND NATIONAL PARK, TX• Old Ore Road - 26 miles • Old Maverick Road - 13 miles • Grapevine Hills Road - 15 miles • Paint Gap Road - 15 milesCANYONLANDS NATIONAL PARK, UTWhite Rim Trail - 100 milesCUYAHOGA VALLEY NATIONAL PARK, OHAlmost 100 miles of trails		
PARK, UT     White Rim Trail - 100 miles       CUYAHOGA VALLEY     Almost 100 miles of trails	<ul> <li>Old Maverick Road - 13 miles</li> <li>Grapevine Hills Road - 15 miles</li> </ul>	
Almost 100 miles of trails	White Rim Trail – 100 miles	
	Almost 100 miles of trails	
<ul> <li>DEATH VALLEY NATIONAL</li> <li>PARK, CA</li> <li>Salt Creek Road - 1.2 miles</li> <li>Skidoo Road - 7 miles</li> <li>Cottonwood Canyon Road - 18 miles</li> </ul>	Skidoo Road – 7 miles	

# **E-BIKES**

https://www.nps.gov/subjects/biking/e-bikes.htm

- E-bikes make bicycle travel easier and more efficient, because they allow bicyclists to travel farther with less effort.
- E-bikes provide expanded options for visitors who wish to ride a bicycle but may be limited because of physical fitness, age, disability, or convenience.
- When used as an alternative to gasoline- or dieselpowered modes of transportation, e-bikes can reduce greenhouse gas emissions and fossil fuel consumption, improve air quality, and support active modes of transportation for park staff and visitors.
- Similar to traditional bicycles, e-bikes can decrease traffic congestion, reduce demand for vehicle parking spaces, and increase the number and visibility of cyclists on the road.





# PLAN YOUR NATIONAL PARK VISIT

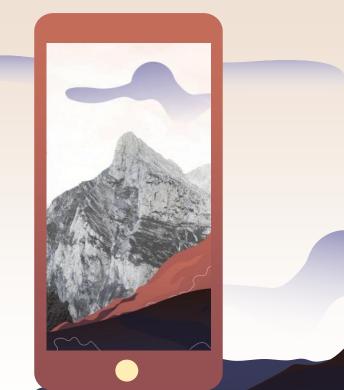
https://www.nps.gov/planyourvisit/

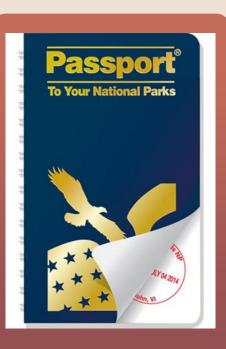
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# NPS APP

https://www.nps.gov/subjects/digital/nps-apps.htm





# NPS Passport

https://americasnationalparks.org/

# **JUNIOR RANGERS**

https://www.nps.gov/kids/become-a-junior-ranger.htm



"National parks and reserves are an integral aspect of intelligent use of natural resources. It is the course of wisdom to set aside an ample portion of our natural resources as national parks and reserves, thus ensuring that future generations may know the majesty of the earth as we know it today."

-PRESIDENT JOHN F. KENNEDY

# **THANK YOU**

**Questions? Comments?** 

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### SOURCES

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