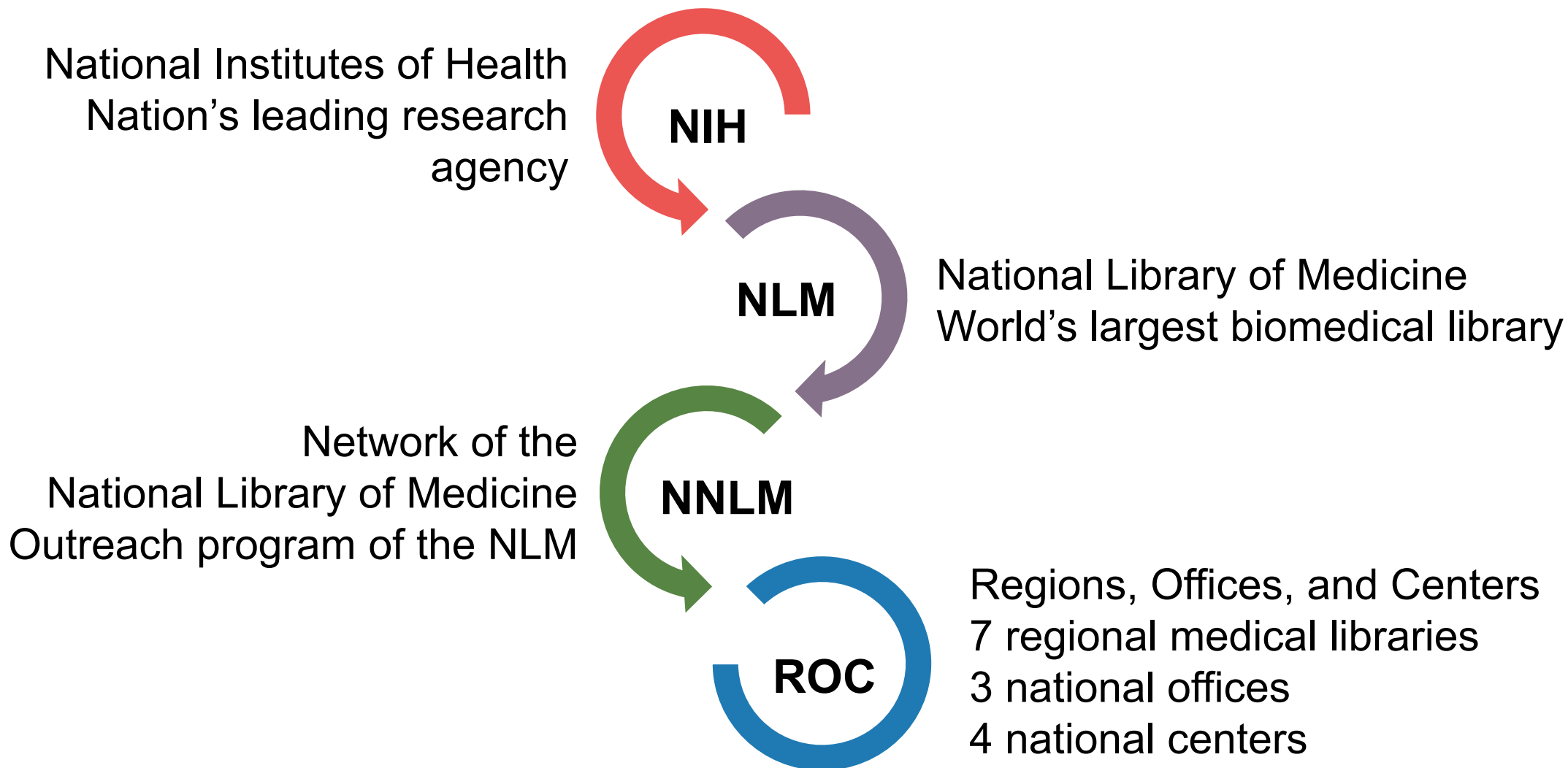


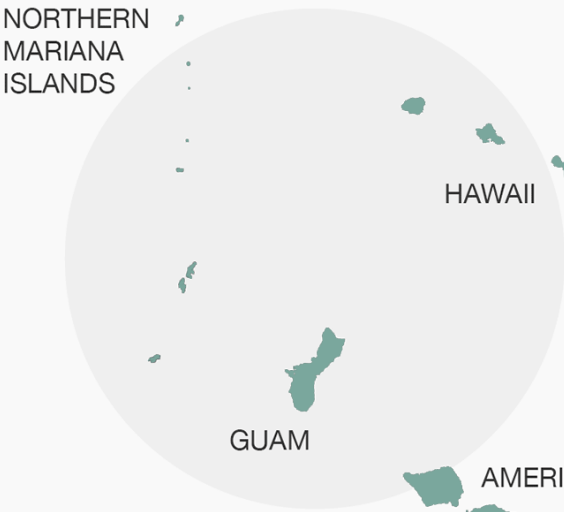
# Introduction

# About NNLM / Organizational Structure





ALASKA

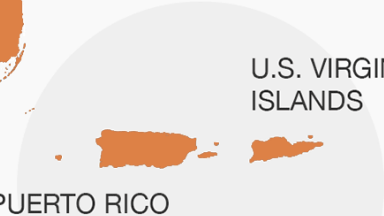
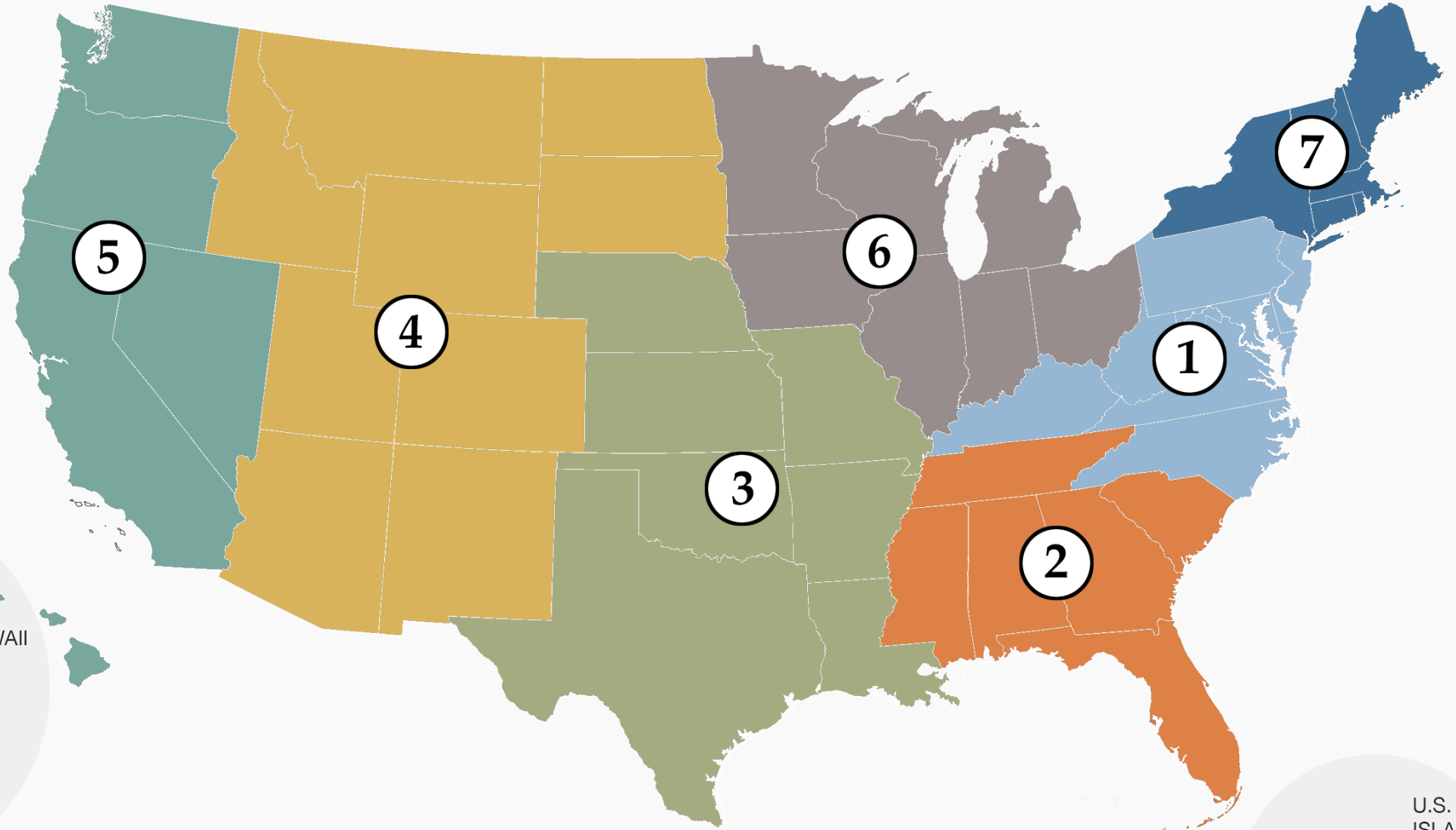


NORTHERN  
MARIANA  
ISLANDS

HAWAII

GUAM

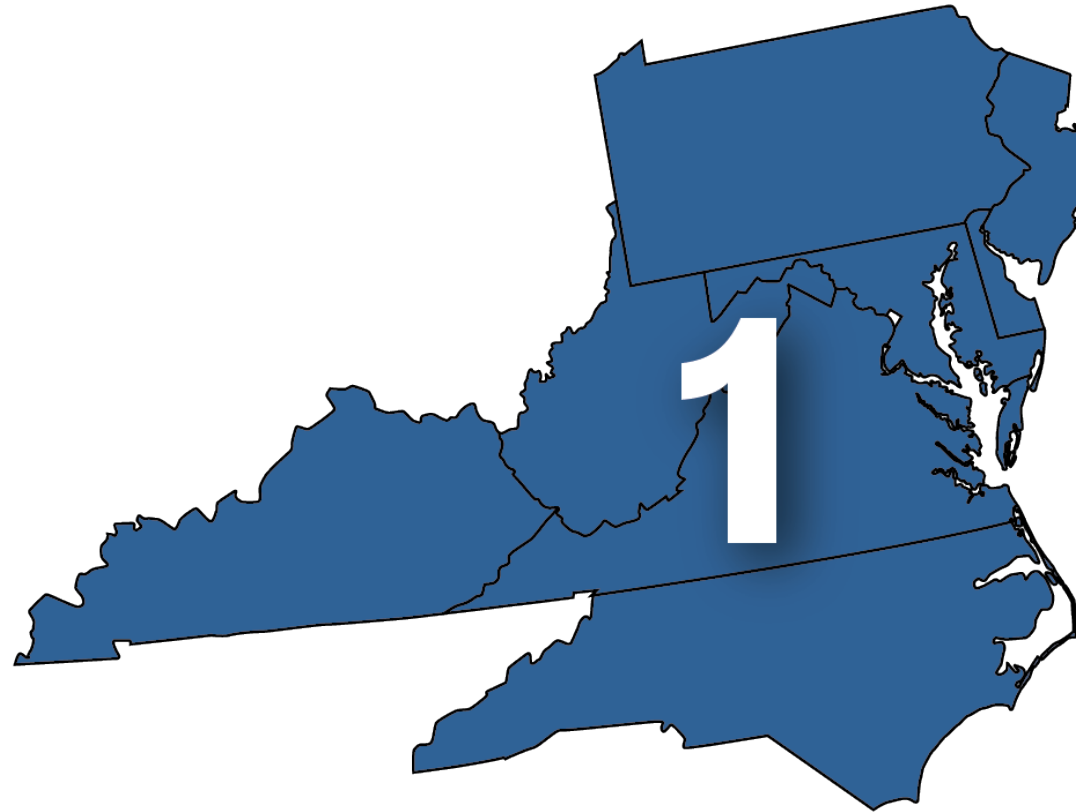
AMERICAN SAMOA



U.S. VIRGIN  
ISLANDS

PUERTO RICO

# NNLM Region 1



# Agenda

What is PubMed?

PubMed Features

How to get help

# What's in PubMed?



Biomedicine



Health Fields



Life Sciences



Public Health



Health Policy



Behavioral Sciences

# Does PubMed have Full Text?

- Links available from the publisher
- Links from PubMed Central (PMC)

# Finding the original research



A video player interface for a podcast episode. On the left, there is a blue play button icon with a white triangle, and below it, the duration '2:34'. Below the play button are four buttons: '+ PLAYLIST' (in a rounded rectangle), 'DOWNLOAD', 'EMBED', and 'TRANSCRIPT'. The main content area on the right has the text 'YOUR HEALTH' in a small font, followed by the title 'Study Questions Mainstay Treatment For Mild Asthma' in a large font. Below the title is the date and time 'August 26, 2019 - 5:06 AM ET' and the text 'Heard on [Morning Edition](#)'. At the bottom of the main content area is a box containing the name 'APRIL DEMBOSKY'. In the bottom right corner of the player, it says 'FROM KQED'.

YOUR HEALTH

## Study Questions Mainstay Treatment For Mild Asthma

August 26, 2019 - 5:06 AM ET  
Heard on [Morning Edition](#)

APRIL DEMBOSKY

FROM KQED



# What Do We Know About this Article?

Steroid inhalers commonly used to prevent asthma attacks may not work any better than a placebo for many people with mild asthma, according to recent research.

Synthetic corticosteroids mimic the steroid hormone cortisol, reducing inflammation in the airways. But the drug targets a type of inflammation that may be found in far fewer patients than previously thought, [research in a recent issue](#) of the [New England Journal of Medicine](#) finds. Among patients age 12 and older in the study who had mild, persistent asthma, more than half did just as well, or better, on a placebo as they did on a steroid inhaler.

"We're suggesting that it's time to reevaluate what the standard recommended form of treatment is for these milder patients," says [Stephen Lazarus](#), a pulmonologist at the University of California, San Francisco, and the study's lead author.



SHOTS - HEALTH NEWS

Testosterone May Help  
Protect Men From Asthma

Thank you!  
Questions?

